

**GAMBARAN PENGETAHUAN PASANGAN USIA SUBUR MENGENAI  
METODE  
KONTRASEPSI ALAMIAH KALENDER DI DUSUN KARANGLO DESA  
PONDOKREJO TEMPEL SLEMAN YOGYAKARTA  
2014**

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**INTISARI**

**Latar Belakang :** Di Indonesia pemilihan alat kontrasepsi masih mempertimbangkan efektifitas, aman, murah, dan praktis. Berbagai macam jenis kontrasepsi yang digunakan di Indonesia, salah satunya adalah kontrasepsi alamiah kalender atau pantang berkala (Mulyani & Rinawati, 2013). Dari jumlah 74 pasangan usia subur yang menggunakan pelayanan KB di Dusun Karanglo Desa Pondokrejo Tempel Sleman Yogyakarta, pengguna kontrasepsi IUD berjumlah 2 (2,7%) pasangan usia subur, pengguna kontrasepsi MOW berjumlah 1 (1,3%) pasangan usia subur, pengguna kontrasepsi MOP berjumlah 1 (1,3%) pasangan usia subur, pengguna kontrasepsi implan berjumlah 1 (1,3%) pasangan usia subur, pengguna suntik berjumlah 14 (18,9%) pasangan usia subur, pengguna kontrasepsi oral/pil berjumlah 10 (13,5%) pasangan usia subur, pengguna kontrasepsi kondom berjumlah 7 (9,4%) pasangan usia subur, dan pengguna kontrasepsi alamiah kalender berjumlah 38 (51,3%) pasangan usia subur.

**Tujuan Penelitian :** Mengetahui gambaran pengetahuan pasangan usia subur mengenai metode kontrasepsi alamiah kalender di Dusun Karango Desa Pondokrejo Tempel Sleman Yogyakarta Tahun 2014.

**Metode Penelitian :** Jenis penelitian adalah penelitian diskriptif. Teknik sampling yang digunakan adalah subjek penelitian sebanyak 38 pasangan usia subur yang menggunakan metode kontrasepsi alamiah kalender. Teknik pengumpulan data yang digunakan adalah kuesioner yang telah di uji validitas dan reliabilitas.

**Hasil penelitian :** Pengetahuan pasangan usia subur mengenai metode kontrasepsi alamiah di Dusun Karanglo Desa Pondokrejo Tempel Sleman Yogyakarta 2014, kategori cukup (55,3%), baik (34,2%), dan kurang (10,5%).

**Kesimpulan :** Pengetahuan pasangan usia subur mengenai metode kontrasepsi alamiah di Dusun Karanglo Desa Pondokrejo Tempel Sleman Yogyakarta 2014 adalah kategori cukup (55,3%).

**Kata kunci :** Pengetahuan, metode kontrasepsi alamiah kalender.

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**DESCRIPTION OF FERTILE COUPLES KNOWLEDGE ABOUT  
CALENDAR NATURAL CONTRACEPTION METHODS IN  
KARANGLO PONDOKREJO VILLAGES TEMPEL  
SLEMAN YOGYAKARTA 2014**

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**ABSTRACT**

**Background :** In Indonesia, the election of contraception is still considering the effectiveness, safety, inexpensive, and practical. Various types of contraception used in Indonesia, one of which is a natural contraceptive calendar or abstinence periodic (Mulyani & Rinawati, 2013). From the total 74 fertile couples who use family planning services in Karanglo Pondokrejo Villages Tempel Sleman Yogyakarta, users of IUD contraception amounted 2 (2.7%) fertile couples, users of MOW contraception amounted 1 (1.3%) fertile couples, the user of MOP contraception amounted 1 (1.3%) fertile couples, users of implant contraception amounted 1 (1.3%) fertile couples, user of injecting contraception amounted 14 (18.9%) fertile couples, user of oral/pills contraception/pills amounted 10 (13.5%) fertile couples, user of condom contraception amounted 7 (9.4%) fertile couples, and user of calendar natural contraception amounted 38 (51.3%) fertile couples.

**Objective :** To determine the knowledge description of fertile couples about the calendar natural contraception method in Karango Pondokrejo Villages in Tempel Sleman Yogyakarta 2014.

**Methods :** The type study was descriptive research. The sampling technique used is the subject of the study were 38 fertile couples who use calendar natural contraception method. The data collection technique used was a questionnaire that has been in test validity and reliability.

**Results of the study :** Knowledge of fertile couples about natural contraception method in Karanglo Pondokrejo Villages Tempel Sleman Yogyakarta in 2014, enough categories amounted (55.3%), good categories amounted (34.2%), and less categories amounted (10.5%).

**Conclusion :** Knowledge of fertile couples about natural contraception method in Karanglo Pondokrejo Village Tempel Sleman Yogyakarta Tempel in 2014 is enough categories amounted (55.3%).

**Keywords: Knowledge, calendar natural contraception method.**

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