

**KEPATUHAN KUNJUNGAN ULANG AKSEPTOR KB SUNTIK  
DI BIDAN PRAKTEK SWASTA (BPS) DINI MELANI  
CONDONG CATUR SLEMAN**

**Herlin Irena Mitreka<sup>1</sup>, Dewi Zolekhah<sup>2</sup>**

**INTISARI**

**Latar Belakang:** Keluarga Berencana merupakan usaha untuk menjarangkan atau merencanakan jumlah dan jarak kehamilan dengan memakai kontrasepsi. Ketepatan jadwal untuk suntik kembali merupakan kepatuhan akseptor karena bila tidak sesuai jadwal dapat mengurangi efektifitas kontrasepsi tersebut. Kegagalan dari kontrasepsi suntik disebabkan karena keterlambatan akseptor untuk melakukan penyuntikkan ulang. Studi pendahuluan yang dilakukan di BPS Dini Melani Sleman jumlah akseptor kontrasepsi suntik pada bulan November, Desember 2013 dan Januari 2014 yang melakukan kunjungan ulang untuk kontrasepsi suntik 254 akseptor dan 79 akseptor yang melakukan kunjungan ulang tidak sesuai pada jadwal yang ditentukan.

**Tujuan Penelitian:** mengetahui kepatuhan kunjungan ulang KB suntik di BPS Dini Melani Sleman.

**Metode Penelitian:** Penelitian deskriptif dengan menggunakan pendekatan *cross sectional*. Teknik pengambilan sampel menggunakan *Quota Sampling*. Pengumpulan data dengan *checklis*. Analisa data menggunakan *univariate*.

**Hasil Penelitian:** Hasil penelitian menunjukkan akseptor yang patuh untuk melakukan kunjungan ulang yaitu 31 responden (40,8%) dan 45 responden (59,2%) tidak patuh dalam melakukan kunjungan ulang.

**Kesimpulan:** kepatuhan kunjungan ulang akseptor KB suntik di BPS Dini Melani Condong Catur Sleman dapat ditarik kesimpulan bahwa dari 76 responden sebagian besar akseptor KB tidak patuh sebanyak 45 responden (59,2%).

**Kata Kunci:** Kepatuhan kunjungan ulang KB suntik.

---

1 Mahasiswa D III Kebidanan Stikes A. Yani Yogyakarta

2 Dosen Stikes A. Yani Yogyakarta

**THE DISCIPLINE IN BACK VISIT OF INJECTI      ON  
CONTRACEPTIVE ACCEPTORS IN PRIVATE PROFESSION  
PRACTICE MIDWIFE DINI MELANI, CONDONG CATUR, SLEMAN**

**Herlin Irena Mitreka<sup>1</sup>, Dewi Zolekhah<sup>2</sup>**

**ABSTRACT**

**Background** : Family Planning is a program to press or plan pregnancy number and interval by using contraceptive. Precise schedule-based timing for re-injecting is deemed as acceptors' discipline otherwise any undisciplined timing of back visit may put the contraceptive into lower effectiveness. Failure of injection contraceptive is derived from acceptors' late visits for re-injection. Early study implemented in Private Profession Practice Midwife Dini Melani, Sleman regency, figured out that 254 acceptors made back visits for injection contraceptive during November – December 2013 and January 2014, and 79 acceptors made back visits without any precise schedule-based timing.

**Objective** : To reveal the discipline level of back visit for injection contraceptive in Private Profession Practice Midwife Dini Melani, Sleman regency.

**Method** : This was a descriptive study with cross sectional approach. Sampling technique applied Quota Sampling. Data collecting used check list method. Data analysis was univariable.

**Result** : This study unveiled that there were 31 respondents (40,8%) who were disciplined in making back visits with precise timing and 45 respondents (59,2%) were undisciplined in making back visits.

**Conclusion** : Acceptors' discipline in making back visits for injection contraceptive in Private Profession Practice Midwife Dini Melani, Condong Catur, Sleman regency, was dragged into conclusion that 45 out of 76 respondents as contraceptive acceptors were undisciplined (59,2%).

**Keywords** : The discipline in back visit for injection contraceptive.

---

A student of Diploma III midwifery Study Program of Stikes A. Yani Yogyakarta  
A lectures of Stikes A. Yani Yogyakarta