

# GAMBARAN PENGETAHUAN TENTANG KEUNTUNGAN KB SUNTIK DMPA DI BPM DINI MELANI SLEMAN YOGYAKARTA

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## INTISARI

**Latar Belakang:** Di Indonesia masalah pokok yang dihadapi adalah jumlah penduduk yang besar dengan jumlah kelahiran yang tinggi. Keluarga sebagai unit terkecil kehidupan bangsa diharapkan dapat menerima Norma Keluarga Kecil Bahagia dan Sejahtera (NKKBS) yang berorientasi pada “catur warga” atau pertumbuhan seimbang (zero population growth). Permasalahan pengetahuan yang masih kurang tentang KB suntik khususnya tentang keuntungan KB suntik DMPA banyak dikeluhkan oleh akseptor KB berkenaan dengan metode kontrasepsi hormonal yang dipakai.

**Tujuan Penelitian:** Sejauh manakah gambaran pengetahuan ibu tentang keuntungan KB suntik DMPA di BPS Dini Melani Sleman Yogyakarta.

**Metode Penelitian:** Jenis penelitian ini dengan metode *diskriptif*. Sampel dalam penelitian ini adalah akseptor aktif KB suntik DMPA yang berjumlah 58 orang menggunakan *sampling accidental*. Analisis data menggunakan distribusi frekuensi.

**Hasil Penelitian:** Sebagian besar pengetahuan ibu tentang pengertian KB suntik DMPA baik yaitu 33 akseptor (56,9%) dan keuntungan KB suntik DMPA Cukup yaitu 44 akseptor (75,9%).

**Kesimpulan:** Gambaran Pengetahuan Ibu Tentang Keuntungan KB Suntik DMPA di BPS Dini Melani Sleman Yogyakarta dalam kategori cukup 33 akseptor (60,3%).

**Kata kunci :** Pengetahuan, Keuntungan, KB Suntik DMPA

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**THE DESCRIPTION OF KNOWLEGDE ABOUT OF DEPO MEDROXY  
PROGESTERON ASETAT (*DMPA*) INJEKTION CONTRACEPTIVE IN  
PRIVATEPROFESSION PRACTICE MIDWIFE MEILANI, SLEMAN,  
REGENCY YOGYAKARTA**

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**ABSTRACT**

**Background** : indonesia faces a big number of population with high birth rate as a significant problem. Family as the smalles unit of a nation life is expected to embrace the norm of happy and wealthy little family wich is orientated to four-mamber-family principle or balanced growth (zero poppulation growth). The lack of knowledge about the advantage of *DMPA* injection contraceptive is still the major complaint from contraceptive acceptor in relation to the applied hormonal contraceptive method.

**Objective** : To reveal the description of knowledge about the advantage of *DMPA* injection contraceptive in Private Profession Practice Midwife Meilani, Sleman Regency, Yogyakarta

**Method** : This was a descriptive study. Sampel in this study were active acceptors of *DMPA* injection contraceptive as many as 58 mothers who were selected through accidental sampling technique. Data analysis used frequency distribution.

**Result** : Most of mothers' knowledge about *DMPA* injection contraceptive was good as many as 33 mothers' (56,9%) and about the advantage of *DMPA* injection contraceptive was sufficient as many as 44 mothers' (75,9%).

**Conclusion** : The description of mothers' knowladge about of depo Medroxy Progesteron asetat (*DMPA*) injection contraceptive in Professional Practice Midwife Meilani, Sleman regency, Yogyakarta, was in sufficient category as many as 33 mothers' (60,3%).

**Keywords** : Knowledge, Advantage, *DMPA* Injection Contraceptive

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