

# GAMBARAN TINGKAT PENGETAHUAN SISWI KELAS X TENTANG SADARI DI SMA NEGERI 1 TURI SLEMAN

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## INTISARI

**Latar Belakang:** Hasil Riskesdas 2013 menunjukkan prevalensi kanker payudara di provinsi DIY adalah yang tertinggi di Indonesia yaitu 4,1 per 1000 penduduk. Angka kejadian kanker payudara yang cukup tinggi disebabkan masih kurangnya kesadaran perempuan untuk segera memeriksakan diri jika terjadi kelainan pada payudara. Penderita keganasan kanker payudara sebagian besar datang saat stadium lanjut, sehingga pengobatannya tidak dapat tepat, oleh karena itu pengetahuan tentang periksa payudara sendiri sangat penting untuk mendeteksi secara dini terjadinya kanker payudara.

**Tujuan:** Untuk mengetahui tingkat pengetahuan siswi kelas X tentang SADARI di SMA Negeri 1 Turi Sleman.

**Metode:** Penelitian ini merupakan jenis penelitian deskriptif, dengan pengambilan sampel *total sampling* dengan jumlah sampel 57 siswi. Instrumen penelitian menggunakan kuesioner yang telah di uji validitas dan reliabilitas. Teknik analisa data dengan analisa univariat menggunakan distribusi frekuensi.

**Hasil:** Dari hasil penelitian terhadap 57 siswi kelas X SMA Negeri 1 Turi Sleman diperoleh hasil 64,9% responden memiliki pengetahuan berkategori baik, 35,1% responden berkategori cukup dan tidak ada responden yang berkategori kurang.

**Kesimpulan:** berdasarkan hasil penelitian menunjukkan bahwa sebagian besar siswi kelas X SMA Negeri 1 Turi Sleman mempunyai pengetahuan baik tentang SADARI.

**Kata Kunci:** Pengetahuan, SADARI

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**THE DESCRIPTION OF KNOWLEDGE LEVEL OF FIRST GRADE  
FEMALE STUDENTS ABOUT SELF BREAST EXAMINATION IN  
STATE SENIOR HIGH SCHOOL 1, TURI, SLEMAN**

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**ABSTRACT**

**Background :** The result of Riskesdas in 2013 figured out that the highest breast cancer prevalence in Indonesia was in The Special Province of Yogyakarta as many as 4,1 per 1.000 residents. This high rate of breast cancer case was due to low awareness of women about the importance of immediate examination when an abnormality of a breast is found. The majority of breast cancer patients make medical visits when the cancers have reached fourth stadium so that the medication can hardly be conducted properly. Therefore, knowledge about self breast examination takes high importance in order to make early detection of breast cancer.

**Objective :** To discover the description of knowledge level of first grade female students about self breast examination in State Senior High School 1, Turi, Sleman.

**Method :** This was a descriptive study with total sampling technique to 57 female students as samples. Study instrument applied questionnaires which had passed validity and reliability test. Data analysis applied multi variable method using frequency distribution.

**Result :** From 57 first grade female student of State Senior High School 1, Turi, Sleman, 64,9 % of respondents had good knowledge, 35,1 % of respondents had sufficient knowledge, and there was no respondent who had poor knowledge.

**Conclusion :** The majority of first grade female students of State Senior High School 1, Turi, Sleman, had good knowledge about self breast examination.

**Keywords :** Knowledge, Self Breast Examination.

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