

**GAMBARAN KARAKTERISTIK PENAMBAHAN BERAT BADAN IBU
HAMIL TRIMESTER III DI PUSKESMAS BANGUNTAPAN 1**

BANTUL YOGYAKARTA

Rike Risyanti¹, Dwi Yulinda²

INTISARI

Latar Belakang: Penambahan berat badan yang sesuai dalam masa kehamilan sangat penting untuk mengetahui berat badan janin yang dilahirkan. Berat badan pada masa kehamilan memberi kontribusi yang penting terhadap keberhasilan kehamilan, Puskesmas Banguntapan 1 Bantul terdapat data BBLR tertinggi di Kabupaten Bantul

Tujuan : Mengetahui gambaran karakteristik penambahan berat badan ibu hamil Trimester III di Puskesmas Banguntapan 1 Bantul

Metode Penelitian : Metode *deskriptif analitik*, dengan pendekatan *cross sectional*. Pengambilan sampel menggunakan *Purposive sampling*. Populasi semua ibu hamil trimester III. Dengan menggunakan *Analisis univariat*

Hasil Penelitian: Sebagian besar responden merupakan ibu dengan penambahan berat badan ibu hamil Trimester III kategori normal, yaitu ada 21 Responden (65,6%)

Kata Kunci: Penambahan Berat Badan Ibu Hamil

¹ Mahasiswa Diploma III Kebidanan STIKES A. Yani Yogyakarta

² Dosen STIKES A. Yani Yogyakarta

**DESCRIPTION OF ADDING WEIGHT CHARACTERISTICS OF
PREGNANT WOMEN TRIMESTER III THE HEALTH COMMUNITY
CENTER BANGUNTAPAN I BANTUL YOGYAKARTA**

Rike Risyanti¹,Dwi Yulinda²

ABSTRACT

Background : Appropriate weight gain during pregnant women is very important to know the weight of the fetus is born. Weight gain during pregnant women is an important contribution to the success of pregnancy, the health center community Banguntapan 1 Bantul low birth weight the data contained in Bantul.

Objective : To know description of adding weight characteristics of pregnant women trimester III the health Community Center Banguntapan I Bantul Yogyakarta

Methods : Descriptive non analitik method, and use cross sectional. Sampling techniques using purposive sampling. Population of pregnant women trimester III. Study sample as many as 32 pregnant women trimester III. Univariate analysis

Results : Most of the respondents were mothers with pregnant women weight gain trimester III normal category, is there 21 responden (65.6%)

Conclusion: Increase in weight gain pregnant women trimester III in health center community Banguntapan 1 Bantul normal weight gain.

Keywords : Pregnant women weight gain

¹Students of Midwifery Program School of Health A. Yani Yogyakarta

²Lecturer of Midwifery Program School of Health A. Yani Yogyakarta