

GAMBARAN PENGETAHUAN PRIMIGRAVIDA TENTANG KETIDAKNYAMANAN KEHAMILAN TRIMESTER III DI PUSKESMAS BANGUNTAPAN 1 BANTUL

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INTISARI

Latar Belakang : Menurut SDKI 2012 AKI di Indonesia mencapai 359 per 100.000 Kelahiran Hidup. Pengetahuan tentang ketidaknyamanan kehamilan pada ibu primigravida penting diketahui karena mempengaruhi psikologis ibu. Studi pendahuluan di Puskesmas Banguntapan 1 Bantul Yogyakarta, dari 10 ibu ibu primigravida semua mengalami ketidaknyamanan fisiologis pada Trimester III, tetapi tidak mengetahui penyebab dan cara mengatasi ketidaknyamanan tersebut.

Tujuan Penelitian : Untuk mengetahui gambaran pengetahuan primigravida tentang ketidaknyamanan kehamilan Trimester III di Puskesmas Banguntapan 1 Bantul.

Metode Penelitian : Jenis penelitian deskriptif. Sampel diambil dengan teknik *Accidental Sampling*, sehingga diperoleh jumlah sampel sebanyak 30 ibu primigravida. Instrumen penelitian adalah kuesioner dan hasil penelitian dianalisis dengan distribusi frekuensi relatif atau prosentase.

Hasil Penelitian : Pengetahuan ibu hamil primigravida tentang pengertian ketidaknyamanan kehamilan Trimester III di Puskesmas Banguntapan 1 Bantul adalah kategori baik (40%), pengetahuan tentang penyebab ketidaknyamanan kategori cukup (40%), pengetahuan tentang cara mengatasi ketidaknyamanan kategori baik (43,3%), secara keseluruhan pengetahuan ibu hamil primigravida tentang ketidaknyamanan kehamilan kategori baik (43,3%).

Kesimpulan : Pengetahuan ibu hamil primigravida tentang ketidaknyamanan kehamilan trimester III di Puskesmas Banguntapan Bantul kategori baik.

Kata Kunci : Pengetahuan, ketidaknyamanan kehamilan.

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THE DESCRIPTION OF PRIME GRAVID KNOWLEDGE ABOUT THE DISCOMFORT OF THIRD TRIMESTER PREGNANCY IN BANGUNTAPAN 1 COMMUNITY HEALTH CENTER, BANTUL

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ABSTRACT

Background : Data from SDKI in 2012 figured out that maternal mortality rate in Indonesia reached 359 cases per 100.000 live births. Knowledge about the pregnancy discomfort in prime gravid mothers is important as it is influential on maternal psychology. Preliminary study in Banguntapan 1 community health center, Bantul, Yogyakarta, discovered that from 10 prime gravid mothers, all mothers experienced physiological discomfort in third trimester term, but they had no idea what caused that and how to deal with the discomfort.

Objective : To find out **the description of prime gravid knowledge about the discomfort of third trimester pregnancy in Banguntapan 1 Community Health Center, Bantul**

Method : This was a descriptive study. Samples were selected through accidental sampling technique as many as 30 prime gravid mothers. Study instrument were questionnaires and study result was analyzed with relative frequency distribution or percentage.

Result : The knowledge of prime gravid pregnant mothers about the definition of the discomfort of third trimester pregnancy in Banguntapan 1 community health center, Bantul, was in good category (40 %), knowledge about the causes of discomfort was in sufficient category (40 %), knowledge about the way to deal with the discomfort was in good category (43,3 %), generally, the knowledge of prime gravid pregnant mothers about pregnancy discomfort was in good category (43,3 %).

Conclusion : The knowledge of prime gravid pregnant mothers about the discomfort of third trimester pregnancy in Banguntapan community health center, Bantul, was in good category.

Keywords : Knowledge, Pregnancy Discomfort.

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