

PERAN KADER DALAM PROGRAM PERENCANAAN PERSALINAN DAN PENCEGAHAN KOMPLIKASI (P4K) PADA IBU HAMIL DI WILAYAH KERJA PUSKESMAS PLERET BANTUL YOGYAKARTA

Sutriyani¹ Ekawati²

¹ Mahasiswa Stikes Jenderal Achmad Yani Yogyakarta

² Dosen Stikes Jenderal Achmad Yani Yogyakarta

INTISARI

Latar belakang : Kehamilan dan persalinan merupakan proses alamiah (normal) tetapi dapat menjadi abnormal sehingga mengakibatkan kematian ibu. Angka kematian ibu dapat diturunkan dengan cara menerapkan P4K sejak dini yang terdiri atas perencanaan persalinan, tempat persalinan, biaya persalinan, transportasi, pendamping persalinan, dan perencanaan donor darah. Pelaksanaan kegiatan Program perencanaan Persalinan dan pencegahan komplikasi (P4K) belum sesuai dengan harapan di puskesmas pleret, sehingga diperlukan studi untuk menilai peran kader dalam Program Perencanaan Persalinan dan Pencegahan Komplikasi (p4k). Berdasarkan Studi pendahuluan yang dilakukan di wilayah kerja Puskesmas Pleret Bantul didapatkan 10 (14, 28%) kader, ditemukan 3 (30%) kader mengatakan mengetahui tentang P4K dan bentuk kegiatan P4K, 7 (70%) kader mengatakan belum mengetahui tentang (P4K) dan belum ikut serta dalam kegiatan (P4k).

Tujuan penelitian : mengetahui peran kader dalam program perencanaan persalinan dan pencegahan komplikasi (P4K) pada ibu hamil di wilayah kerja puskesmas Pleret Kabupaten Bantul Yogyakarta.

Metodologi penelitian : Rancangan penelitian ini menggunakan metode *deskriptif*, yaitu metode statistik. Populasi penelitian besar sampel 70 kader sedangkan alat analisa menggunakan kuesioner data di analisis secara deskriptif menggunakan rumus.

Hasil penelitian : peran kader kesehatan yang telah dilaksanakan adalah pemeriksaan kehamilan telah mencapai 100%; pemasangan stiker P4K telah mencapai 75.7%; Penyimpanan buku KIA oleh Ibu hamil telah mencapai 72.81%; pemantauan wilayah setempat (PWS) telah mencapai 82,8%.

Kesimpulan : Peran kader dalam program perencanaan persalinan dan pencegahan komplikasi (P4K) pada ibu hamil di wilayah kerja puskesmas pleret kabupaten bantul secara umum adalah kategori kader berperan cukup baik yaitu kader mendapatkan nilai 56-75% dari kuesioner

Kata kunci :Peran, kader, karakteristik, Program perencanaan persalinan dan pencegahan komplikasi (P4K).

**THE ROLE VOLUNTEERS OF HEALTH SUCCESSORS IN LABOR
PLANNING PROGRAM AND COMPLICATION PREVENTION (P4K) IN
PREGNANT MOTHERS IN PLERET COMMUNITY HEALTH CENTER,
BANTUL, YOGYAKARTA**

Sutriyani¹ Ekawati²

¹ student of D-III Midwifery STIKES Jenderal Achmad Yani Yogyakarta

²Lecturer STIKES Jenderal Achmad Yani Yogyakarta

ABSTRACT

Background : Pregnancy and labor are normal and natural processes but they may turn abnormal and lead to a maternal mortality. The rate of maternal mortality can be reduced by applying P4K early consisting of labor planning, labor place, labor cost, transportation, labor accompanying, and blood donor planning. The implementation of P4K in Pleret Community Health Center was not yet able to meet society's expectation so that a preliminary study was necessary to launch in order to assess health successors' roles. This initial study figured out 10 health successors (14,28 %) from whom 3 successors (30 %) revealed that they understood about P4K and kinds of P4K activities, 7 successors (70 %) revealed that they had not understood yet about P4K and had not participated in P4K activities.

Objective : To find out the role volunteers of health successors in Labor Planning Program And Complication Prevention (P4K) in pregnant mothers in Pleret Community Health Center, Bantul, Yogyakarta.

Method : The design of this study was descriptive method which was statistical method. Population was 70 health successors as samples with questionnaires as data collecting instrument. The analysis was conducted by applying descriptive formula.

Result : The role volunteers of health successors which had been put into realization were described as follows; pregnancy examination were 100 %, P4K sticker attachment were 75,7 %, Mother and Child Health Guide Book keeping by pregnant mothers were 72,81 %, Local Area Monitoring (PWS) were 82,8 %.

Conclusion : The role volunteers of health successors in Labor Planning Program And Complication Prevention (P4K) in pregnant mothers in Pleret Community Health Center, Bantul region, were generally in good category.

Keywords : The role volunteers, Health Successors, Characteristics, Labor Planning Program and Complication Prevention (P4K).