

**HUBUNGAN TINGKAT PENDIDIKAN IBU HAMIL TRIMESTER III
DENGAN KEPATUHAN MENGGONSUMSI TABLET FE
DI PUSKESMAS SRANDAKAN BANTUL
YOGYAKARTA**

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INTISARI

Latar Belakang : Anemia merupakan penyakit yang sering ditemui pada ibu hamil. Tahun 2011 prevalensi anemia secara global 41,8%. WHO menyebutkan 50% anemia ibu hamil disebabkan defisiensi zat besi. Untuk menanggulangi hal tersebut pemerintah telah melakukan pencegahan dengan memberikan tablet Fe kepada ibu hamil. Tetapi angka kejadian anemia masih tinggi. Oleh sebab itu perlu dilakukan penelitian tentang kepatuhan ibu hamil TM III dalam mengkonsumsi tablet Fe.

Tujuan : Diketuainya hubungan tingkat pendidikan ibu hamil trimester III dengan kepatuhan mengkonsumsi tablet Fe di Puskesmas Srandakan Bantul Yogyakarta.

Metode Penelitian : Jenis penelitian *deskriptif analitik*, pendekatan *cross sectional*. Teknik sampling menggunakan *aksidental sampling* dengan jumlah responden sebanyak 34 responden ibu hamil TM III yang memeriksakan kehamilannya di Puskesmas Srandakan Bantul Yogyakarta pada Tanggal 23 Juni sampai dengan 8 Juli 2014, analisis *univariat* dan *bivariat*.

Hasil penelitian : Mayoritas ibu hamil TM III patuh dalam mengkonsumsi tablet Fe, yaitu 22 dari 34 ibu hamil TM III dengan sebagian besar berpendidikan SMA. Diperoleh sig 0,000 sehingga terdapat hubungan antara dua variabel.

Kesimpulan : Terdapat hubungan tingkat pendidikan ibu hamil TM III dengan kepatuhan mengkonsumsi tablet Fe di Puskesmas Srandakan Bantul Yogyakarta.

Kata Kunci : Tingkat Pendidikan, Kepatuhan, Anemia

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**THE RELATION OF THIRD TRIMESTER PREGNANT MOTHERS
EDUCATION LEVEL WITH OBEDIENCE IN CONSUMING
FE TABLET IN SRANDAKAN COMMUNITY
HEALTH CENTER BANTUL
YOGYAKARTA**

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ABSTRACT

Background : Anemia is a disease often be found of pregnant mothers. Prevalence of anemia in global achieve 41,8%, and cause of anemia in pregnant mothers is zinc (Fe) deficienci (WHO, 2011). Government has taken a measure of Fe tablets administration to pregnant mothers who apply for pregnancy examination. However this measure remains ineffective enough to lower the rate of anemia case. Therefore it is necessary to launch a study over the abedience of third trimester pregnant mothers in consuming Fe tablets in Srandakan Community Healt Center, Bantul.

Objective : To uncover the relation of third trimester pregnant mothers education level eith obedience in consuming Fe tablets Srandakan Community Health Center, Bantul, Yogyakarta.

Method : This was a analytic descriptive with cross sectional approach. Sampling in this studi was all third trimester pregnant mothers who apply for antenatal care examination during June - July in Srandakan Community Health Center Bantul, as much as 34 respondents. Data were analyzed with univarite and bevariate analysis.

Result : Majority of third trimester pregnant mothers are obedient in consuming Fe tablets, this was 22 respondents of 34 respondents and largely with high scool education level.

Conclusion : Be found a relation of third trimester pregnants mothers education level with obedience in consuming Fe tablet in Srandakan Community Health Center, Bantul, Yogyakarta.

Keywords : education level, obedience, anemia

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