

**GAMBARAN PEMBERIAN PIJAT BAYI DENGAN KENAIKAN  
BERAT BADAN BAYI USIA 0 – 1 TAHUN DI SRIKANDI RUMAH  
BUNDA MOM KIDS AND BABY SPA YOGYAKARTA**

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**INTISARI**

**Latar Belakang :** Pijat bayi adalah terapi sentuhan tertua dan paling populer yang dikenal manusia, dan juga merupakan seni perawatan kesehatan dan pengobatan yang dipraktikkan sejak berabad-abad silam. Berdasarkan Studi Pendahuluan Rumah Bunda Mom Kids And Baby Spa Yogyakarta pada tanggal 20 Mei 2014, didapatkan informasi dari 10 ibu yang memiliki bayi menjelaskan bahwa 2 minggu sekali setelah mandi, dilakukan pemijatan oleh bidan.

**Tujuan Penelitian:** Untuk Mengetahui Gambaran Pemberian Pijat Bayi Dengan Kenaikan Berat Badan Bayi di Srikandi Rumah Bunda Mom Kids And Baby Spa Yogyakarta

**Metode Penelitian :** Penelitian ini menggunakan desain penelitian *Diskriptif Kuantitatif*. Rancangan penelitian ini menggunakan *sampel accidental* sampel penelitian ini adalah keseluruhan bayi yang dilakukan pijat bayi di Srikandi Rumah Bunda Mom Kids And Baby Spa Yogyakarta pada tanggal 30 Mei 2014 sampai 30 Agustus 2014 sebanyak 50 bayi.

**Hasil Penelitian :** Bayi yang diteliti sebanyak 50 bayi, kenaikan berat badan bayi yang sebelum dilakukan pemijatan memiliki kategori naik sebanyak 5 bayi (10,0%), dan kenaikan berat badan bayi yang setelah dilakukan pemijatan memiliki kategori naik sebanyak 43 bayi (86,0%)

**Kesimpulan :** Bayi usia 0-1 tahun di Srikandi Rumah Bunda Mom Kids And Baby Spa Yogyakarta memiliki frekuensi pijat bayi 1 minggu sekali sebanyak 23 bayi, bayi dengan kategori naik sebanyak 21 (91,3%) dan bayi dengan kategori tetap sebanyak 2 bayi (8,7%).

**Kata kunci :** Berat badan bayi, Pijat Bayi

**Kepustakaan :** 19 buku, 2 jurnal, (2003-2013)

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**THE DESCRIPTION OF BABY MASSAGE THERAPY WITH THE  
WEIGHT GAIN OF BABIES AGED 0-1 IN SRIKANDI RUMAH BUNDA  
MOM KIDS AND BABY SPA, YOGYAKARTA**

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**ABSTRACT**

**Background :** Baby massage is the most ancient therapy by skin contact, the most popular therapy ever invented by mankind, and one of health care and healing arts that has been practiced and developed for centuries. Preliminary study in Rumah Bunda Mom Kids and Baby Spa, Yogyakarta, on 20 May 2014, pointed out that 10 mothers who had babies visited a midwife for baby massages once in a couple weeks after bathing their babies.

**Objective :** To unveil the relation between baby massage therapy and the weight gain of babies aged 0-1 in Srikandi Rumah Bunda Mom Kids and Baby Spa, Yogyakarta.

**Method :** This study applied Quantitative Descriptive design. Samples were selected through accidental sampling technique to all babies who received baby massages in Srikandi Rumah Bunda Mom Kids and Baby Spa, Yogyakarta, since 30<sup>th</sup> May-30<sup>th</sup> August 2014, as many as 50 babies.

**Result :** Among 50 babies who were subjects to this study, 5 babies (10,0%) received weight gain prior to baby massage therapy, and 43 babies (86,0%) received weight gain after baby massage therapy.

**Conclusion :** Babies at the of 0 – 1 in SRBMKN, Yogyakarta, received baby massages with the frequency of once a week as many as 23 babies, babies who gained body weight raise were 21 babies (91,3%), and babies without any body weight raise were 2 babies (8,7%)

**Keywords :** Baby weight, Baby Massage Therapy.

**Literature :** 19 books, 2 journals, (2003-2013)

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