

Faktor-faktor yang Mempengaruhi Perkembangan Balita di Posyandu Anggrek Ponggok I Desa Trimulyo Jetis Bantul Yogyakarta

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Intisari

Latar Belakang: Dalam perkembangan anak terdapat masa kritis dimana diperlukan rangsangan atau stimulasi yang berguna agar potensi berkembang, sehingga perlu mendapat perhatian. Secara umum terdapat dua faktor yang berpengaruh terhadap perkembangan anak yaitu faktor genetik dan lingkungan. Faktor genetik merupakan modal dasar mencapai hasil akhir proses tumbuh kembang anak. Faktor lingkungan merupakan faktor yang sangat menentukan tercapai atau tidaknya potensi bawaan.

Tujuan: Untuk mengetahui faktor-faktor yang mempengaruhi perkembangan balita di Posyandu anggrek Ponggok 1 Desa Trimulyo Jetis Bantul Yogyakarta.

Metode: Jenis penelitian ini menggunakan metode *deskriptif*. Teknik pengambilan sampel menggunakan teknik *Non Random Quota Sampling*. Sampel yang digunakan adalah sebanyak sebanyak 56 responden.

Hasil: Faktor yang mempengaruhi perkembangan balita diantaranya adalah usia kehamilan aterm 37-42 minggu sebanyak 48 (85,7%), tidak adanya infeksi pada kehamilan sebanyak 56 (100%), status gizi ibu hamil dengan LILA tidak KEK sebanyak 33 (58,9%), tidak adanya komplikasi pada saat persalinan sebanyak 45 (96,4%), status sosial ekonomi menengah sebanyak 23 (41,1%), tidak ada penyakit kronis pada balita sebanyak 56 (100%), lingkungan pengasuhan dengan diasuh sendiri oleh orang tua sebanyak 53 (94,6%), status gizi balita dengan gizi baik sebanyak 54 (96,4%) Perkembangan balita dengan instrument KPSP dengan kategori sesuai sebanyak 45 (80,4%).

Kesimpulan: Faktor yang mempengaruhi perkembangan balita di Posyandu Anggrek adalah usia kehamilan.

Saran: Sebaiknya tenaga kesehatan lebih meningkatkan pelayanan ibu pada masa kehamilan dan persalinan agar tidak terjadi komplikasi.

Kata kunci: Faktor-faktor, perkembangan, balita

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**FACTORS THAT INFLUENCE THE CHILDREN OLD DEVELOPMENT IN
ANGGREK INTEGRATED HEALTH CARE POST PONGGOK I,
TRIMULYO VILLAGE, JETIS, BANTUL, YOGYAKARTA**

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ABSTRACT

Background : Under five children's development term has a critical point during which a beneficial stimulation is necessary to be taken into action in order to prompt any hidden potentials to flourish through deep concern. There are generally 2 major factors that are closely related to a child's development which are genetic and environmental factors. Genetic factor is the fundamental base to achieve last result of a child's growth and development process.

Objective : To uncover factors that influence under five children development in Anggrek Integrated Health Care Post Ponggok I, Trimulyo Village, Jetis, Bantul, Yogyakarta.

Method : This study applied descriptive method. Samples were selected through non random quota sampling. Sampel a children as many as 56 respondents.

Result : Factors that influenced under five children's development were; pregnancy age at the term of 37 – 42 weeks as many as 48 (85,7 %), absence of infection in pregnancy as many as 56 (100 %), nutritional status of pregnant mothers with Upper Arm Cycle and without Chronic Energy Deficiency as many as 33 (58,9 %), absence of complication during labor as many as 45 (96,4 %), mid level socio economy status as many as 23 (41,1 %), absence of chronic disease in under five children as many as 56 (100 %), care environment with self-care by parents as many as 53 (94,6 %), nutritional status of under five children with good nutrition as many as 54 (96,4 %). Under five children development with KPSP instrument with appropriate category as many as 45 (80,4 %).

Conclusion : Factors that influenced under five children in Anggrek Integrated Health Care Post were pregnancy age.

Suggestion : Health workers are expected to improve health care for mothers during pregnancy and labor to prevent any complication from emergence.

Keywords : Factors, Development, Under Five Children

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