

TINGKAT PENGETAHUAN IBU POST PARTUM *SECTIO CAESAREA* TENTANG MOBILISASI DINI DI RSUD PANEMBAHAN SENOPATI BANTUL

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INTISARI

Latar Belakang: Sejumlah penyulit atau komplikasi dalam kehamilan dan persalinan terkadang membutuhkan tindakan penanganan persalinan dengan pembedahan *sectio caesarea*. Pada masa nifas masih potensial mengalami komplikasi yang dapat menyebabkan kematian. Salah satu konsep dasar perawatan pada masa nifas atau masa pascalin setelah *sectio caesarea* adalah mobilisasi dini. Mobilisasi dini merupakan suatu tindakan *rehabilitative* (pemulihan) yang dilakukan setelah pasien sadar dari pengaruh anestesi dan sesudah operasi.

Tujuan: Mengetahui tingkat pengetahuan ibu post partum *sectio caesarea* tentang mobilisasi dini di RSUD Panembahan Senopati.

Metode: Penelitian ini menggunakan rancangan penelitian *survey descriptive* dan merupakan jenis penelitian kuantitatif. Pengambilan sampel menggunakan teknik purposive sampling. Populasi ibu post partum *sectio caesarea* selama satu bulan rata-rata. Besar sampel sebanyak 34 orang ibu post partum *sectio caesarea*. Instrument penelitian menggunakan kuesioner tertutup. Analisis penelitian ini menggunakan analisis univariat.

Hasil: Tingkat pengetahuan ibu post partum *sectio caesarea* tentang mobilisasi dini kategori baik sebanyak 22 responden (64,7%), pengertian mobilisasi dini dalam kategori baik (76,5%), manfaat mobilisasi dini dalam kategori baik (82,4%), cara mobilisasi dini pada ibu post partum *sectio caesarea* dalam kategori baik (55,9%), resiko tidak melakukan mobilisasi dini dalam kategori baik (55,9%).

Kesimpulan: Tingkat pengetahuan ibu post partum *sectio caesarea* di RSUD Panembahan Senopati Bantul tentang mobilisasi dini secara umum adalah baik. Petugas tenaga kesehatan sebaiknya mempertahankan dan terus memberikan bimbingan kepada pasien.

Kata Kunci: *Mobilisasi dini post partum, sectio caesarea,*

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THE LEVEL OF KNOWLEDGE OF SECTIO CAESAREA POSTPARTUM WOMEN ABOUT EARLY MOBILIZATION IN RSUD PANEMBAHAN SENOPATI BANTUL

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ABSTRACT

Background: A number of complications in pregnancy and maternity sometimes need labor treatment by sectio caesarea surgery. During childbed, the women still have the potential for complications that can lead to death. One of the basic concept of treatment during childbed period or postpartum after sectio caesarea is early mobilization. Early mobilization is rehabilitative treatment done after the patient is conscious from anesthesia and after surgery.

Objective: To get to know the level of knowledge of sectio caesarea postpartum women about early mobilization in RSUD Panembahan Senopati.

Method: This research used survey descriptive research design and was the type of quantitative research. The sample taking used purposive sampling technique. The population was the average number of sectio caesarea postpartum patients for a month. The samples were 34 sectio caesarea postpartum women. The research instrument used closed questionnaires. The research analysis used univariate analysis.

Research Result: The level of knowledge of sectio caesarea postpartum women about early mobilization in good category are 22 respondents (64.7%), the definition of early mobilization is in good category (76.5%), the benefits of early mobilization is in good category (82.4%), the way of early mobilization in sectio caesarea postpartum women is in good category (55.9%), the risk to not do early mobilization is in good category (55.9%).

Conclusion: The level of knowledge of sectio caesarea postpartum women in RSUD Panembahan Senopati Bantul about early mobilization generally belongs to good category. The health workers should maintain and continue to give supervision to the patients.

Key words: *Early mobilization of postpartum, sectio caesarea*

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