

**TINGKAT PENGETAHUAN AKSEPTOR
TENTANG EFEK SAMPING SUNTIK *DEPO MEDROXY PROGESTERON ASETAT* (DMPA)
DI BIDAN ENDANG WIDYANINGSIH DUSUN KEDATON
PLERET, BANTUL YOGYAKARTA**

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INTISARI

Latar Belakang: *Depo Medroxy Progesterone Asetat* (DMPA) merupakan suntikan yang berasal dari hormon progesteron. Mengandung 150 mg progesteron, yang diberikan setiap 3 bulan dengan disuntik intramuskular. Profil KB suntik DMPA yaitu sangat efektif, aman, dapat dipakai oleh semua perempuan dalam usia reproduksi, kembalinya kesuburan sangat lambat rata-rata 4 bulan. Berdasarkan studi pendahuluan didapatkan akseptor KB suntik DMPA mengeluh mengalami gejala efek samping suntik DMPA seperti gangguan haid, perubahan berat badan dan sakit kepala. Akseptor KB suntik DMPA di Bidan Endang sebanyak 481.

Tujuan: Mengetahui tingkat pengetahuan akseptor kontrasepsi suntik *Depo Medroxy Progesterone Asetat* (DMPA) tentang efek samping *Depo Medroxy Progesterone Asetat* (DMPA) antara lain: gangguan haid, perubahan berat badan, sakit kepala, depresi, keputihan, galaktorea, jerawat, rambut rontok, dan perubahan.

Metode: Merupakan penelitian *deskriptif* dengan pendekatan *survey*. Sampel yang digunakan sebanyak 60 orang. Data diambil menggunakan kuesioner yang berisi 30 item pernyataan.

Hasil: Sebagian besar pengetahuan responden tentang efek samping suntik DMPA dengan kategori cukup yaitu sebanyak 66,7%. Pengetahuan responden mayoritas berumur 20-35 tahun (83,3%), pendidikan responden mayoritas SMA (46,7%), mayoritas responden adalah bekerja (62,7%), penghasilan responden mayoritas adalah <1.163.800 (53,3%).

Kesimpulan: Tingkat pengetahuan akseptor tentang efek samping suntik DMPA di Bidan Endang Widyaningsih dengan kategori cukup 66,7%.

Kata Kunci: Pengetahuan ibu, Efek Samping Suntik DMPA.

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**THE KNOWLEDGE LEVEL OF ACCEPTORS
ABOUT THE SIDE EFFECTS OF DEPO MEDROXY PROGESTERON ASETAT (DMPA) INJECTION
IN MIDWIFE ENDANG WIDYANINGSIH, KEDATON VILLAGE,
PLERET, BANTUL, YOGYAKARTA**

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ABSTRACT

Background : *Depo Medroxy Progesterone Asetat* (DMPA) is an injection resulted from progesterone hormone. It contains 150 mg of progesterone which is administered every 3 months through intra muscular injection. The profiles of DMPA injection contraceptive are very effective, safe, and useable for all women at reproductive age, the revival of fertility is very late in about 4 months afterward. Preliminary study identified complaints from the acceptors of DMPA injection contraceptive on the symptoms of side effects of DMPA injection such as menstruation disorder, body weight changes, and headache. The acceptors of DMPA injection contraceptive in midwife Endang were 481 persons.

Objective : To find out the knowledge level of acceptors of *depo medroxy progesteron asetat* (DMPA) about the side effects of *depo medroxy progesteron asetat* (DMPA) injection such as menstruation disorder, body weight changes, headache, depression, leucorrhea, galactorrhea, acne, balding, and changes.

Method : This was a descriptive study with survey approach. Samples were 60 respondents. Data were collected by using questionnaires containing 30 items of questions.

Result : The majority of respondents' knowledge about the side effect of DMPA injection was in sufficient category as many as 66,7%. Most of respondents were aged 20-35 (83,3%), most of respondents' education were senior high school graduates (46,7%), most of respondents' occupation were workers (62,7%), most of respondents earned lower than 1.163.800 (53,3%).

Conclusion : The knowledge level of acceptors about the side effects of DMPA injection in midwife Endang Widyaningsih was in sufficient category as many as 66,7%.

Keyword : The knowledge of mothers, The side effects of DMPA injection.

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