

GAMBARAN TUMBUH KEMBANG BAYI UMUR 0-12 BULAN BERDASARKAN PEMBERIAN ASI DI PUSKESMAS KASIHAN I BANTUL YOGYAKARTA

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INTISARI

Latar Belakang: Proses tumbuh kembang anak adalah masa balita, karena pada masa pertumbuhan dasar yang akan mempengaruhi dan menentukan perkembangan anak selanjutnya. Pada masa ini, pertumbuhan fisik, perkembangan kecerdasan, ketrampilan motorik dan sosial, emosi, berjalan demikian pesatnya. Tumbuh kembang anak berkaitan erat dengan status gizi, salah satu asupan zat gizi adalah pemberian Air Susu Ibu. Faktor nutrisi yang terdapat dalam ASI berperan penting dalam perkembangan otak anak. (Kania, 2009)

Tujuan: Diketahui gambaran tumbuh kembang bayi berdasarkan pemberian ASI di Puskesmas Kasihan I, Bantul Yogyakarta.

Metode: Penelitian ini merupakan jenis penelitian deskriptif kuantitatif. Pengambilan sampel menggunakan metode *total sampling*. Besar sampel sebanyak 30 bayi. Data diperoleh secara langsung dari ibu dan bayi usia 0-12 bulan yang berkunjung di Puskesmas Kasihan 1 Bantul Yogyakarta dan analisa data yang digunakan adalah analisa *univariat*.

Hasil: Bayi yang diberikan ASI eksklusif pertumbuhannya sebagian besar memiliki berat badan normal 16 bayi (66,7%), tinggi badan normal 16 bayi (66,7%), lingkaran kepala normal 18 bayi (72,0%), dan lingkaran lengan atas normal 16 bayi (69,6%). Bayi yang diberikan ASI eksklusif perkembangannya sebagian besar normal 17 bayi (70,8%), suspect 1 bayi (20,0%), dan untestable (0%).

Kesimpulan: Sebagian besar pertumbuhan dan perkembangan dimiliki pada bayi yang diberikan ASI eksklusif normal

Kata Kunci: *pertumbuhan, perkembangan*

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THE DESCRIPTION OF GROWTH AND DEVELOPMENT 0-12 MONTH BABIES BASED ON BREASTFEEDING IN KASIHAN COMMUNITY HEALTH CENTER BANTUL YOGYAKARTA

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ABSTRACT

Background : Child development process is toddler period as it is the period of basic development which will influence and determine next child development. These days, physical growth, intelligence development, motor skill, social skill, and emotion, progress rapidly. Child growth and development are closely related to nutritional status, one of nutritional intake is breastfeeding. Nutritional factor contained in breast milk plays an important role in child brain development. (Kania, 2009)

Objective : To find out the description of development of 0-12-month-old babies based on breastfeeding in Kasihan Community Health Center, Bantul, Yogyakarta

Method : This was a quantitative descriptive study. Samples were selected through total sampling as many as 30 toddlers. Data were collected directly from mothers and 0-12-month-old babies who made visits to Kasihan community health center and data analysis applied univariate analysis.

Result : Infants who are exclusively breastfed grow mostly normal weight 16 infants (66.7%), normal height 16 infants (66.7%), normal head circumference 18 infants (72.0%), and arm circumference above the normal 16 infants (69.6%). Babies who are exclusively breast fed normal development, most of the 17 infants (70.8%), 1 suspect infants (20.0%), and untestable (0%).

Conclusion : Most of normal growth and development were obtained by babies who were given exclusive breastfeeding.

Keyword : *Growth, Development.*

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