

**GAMBARAN SIKAP REMAJA PUTRI KELAS X DALAM  
MENGATASI *LEUKHORHEA* FISIOLOGIS  
DI SMAN 1 TURI SLEMAN  
YOGYAKARTA**

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**INTISARI**

**Latar Belakang** : Data penelitian tentang kesehatan reproduksi bahwa 75% wanita di dunia pasti mengalami *leukhorhea* paling tidak sekali seumur hidup di Eropa wanita mengalami *leukhorhea* hanya 25% sedangkan di Indonesia hasil penelitian menyebutkan bahwa 75% wanita Indonesia mengalami *leukhorhea* minimal 1 kali dalam hidupnya.. *Leukhorhea* dapat menjadi salah satu tanda penyebab kanker serviks pada wanita diawal tahapan. Pencegahan dan penanggulangan akibat *leukhorhea* yang dilakukan secara dini dapat menghindarkan dari kemandulan dan kanker serviks, kanker serviks tersebut merupakan jenis penyakit yang berbahaya yang jika tidak ditangani dengan baik, akan berujung pada kematian. Hasil studi pendahuluan ditemukan masih banyaknya remaja putri yang menggunakan pantyliner, pembersih vagina, minum jamu dan tanpa melakukan perlakuan apapun karena masih dianggap suatu hal yang wajar.

**Tujuan** : Diketuainya Gambaran Sikap Remaja Putri Dalam Mengatasi *leukhorhea* Fisiologis di SMA N 1 Turi Sleman Yogyakarta.

**Metode** : Jenis pendekatan deskriptif kuantitatif, jumlah populasi 72, sampel 72 responden. Pengambilan sampel dengan menggunakan teknik total sampling, menggunakan data primer yang dikumpulkan secara langsung menggunakan kuesioner. Analisis data dengan menggunakan analisis data univariat.

**Hasil** : Hasil penelitian menunjukkan bahwa sikap remaja putri SMA N 1 Turi Sleman dalam mengatasi *leukhorhea* diantaranya yang bersikap positif sebanyak 46 responden (63.9%), Sedangkan yang bersikap negatif sebanyak 26 responden (36.1%).

**Kesimpulan** : Gambaran sikap siswa SMA N 1 Turi Sleman mayoritas bersikap positif terhadap cara mengatasi *leukhorhea*.

**Kata kunci** : Sikap, Remaja, Leukhorhea

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# THE DESCRIPTION OF TEENAGERS' ATTITUDE GRADE X IN OVERCOME THE LEUCORRHEA PHYSIOLOGIC AT PUBLIC SENIOR HIGH SCHOOL 1 TURI SLEMAN YOGYAKARTA

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## ABSTRACT

**Background:** Data research about reproduction health that 75% of women in the world definitely experience leucorrhea at least once in live. In Europe women experience leucorrhea just 25% while in Indonesia research result showed that 75% of Indonesian women experience leukhorhea minimum 1 time in their life. Leucorrhea can be one of sign of cervical cancer in women on first step. The overcome and reduction due to leucorrhea which done early can avoid infertility and cervical cancer, that cervical cancer is kind of danger disaster which if it isn't handle correctly, will leads to death. The result of preliminary study found there are so many of female teenagers who used pantyliner, vaginal cleaning, drink herbal and without any treatment because it is still considered a common thing.

**Objective:** Known the description of teenagers' attitude grade X in overcomes the leucorrhea physiologic at Public Senior High School 1 Turi Sleman Yogyakarta.

**Method:** Kind of quantitative descriptive approach, the number of population 72, samples 72 respondents. Sampling taken by total sampling technique used primary data which collected directly used questioner. Data analysis with univariat.

**Result:** Research result showed that female teenagers' attitude of Public Senior High School 1 Turi Sleman in overcomes leucorrhea included that had positive attitude as many 46 respondents (63.9%), while that had positive attitude as many 26 respondents (36.1%).

**Conclusion:** The descriptive of teenagers' attitude of Public Senior High School 1 Turi Sleman most had positive attitude in how to overcome the leucorrhea.

**Keywords:** Attitude, Teenagers, Leucorrhea

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