

GAMBARAN KEJADIAN ANEMIA PADA IBU POST PARTUM DI RSUD PANEMBAHAN SENOPATI BANTUL

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INTISARI

Latar Belakang: Sekitar 60% kematian ibu terjadi setelah melahirkan dan hampir 50% dari kematian pada masa nifas terjadi pada 24 jam pertama persalinan, terutama disebabkan oleh adanya komplikasi masa nifas. Faktor-faktor yang mempengaruhi terjadi komplikasi selama masa nifas adalah anemia, hygiene, kelelahan, proses persalinan bermasalah (partus lama/macet, persalinan traumatic, kurang baiknya proses pencegahan infeksi, manipulasi yang berlebihan). Anemia adalah penyakit kurang darah yang ditandai dengan kadar hemoglobin (Hb) dan sel darah merah (eritrosit) lebih rendah dibandingkan normal.

Tujuan: Untuk mengetahui gambaran kejadian anemia pada ibu post partum di RSUD Panembahan Senopati Bantul

Metode: Metode Penelitian adalah metode *diskritif non analitik* menggunakan *purposive sampling*. Responden pada penelitian ini sebanyak 56 responden sesuai dengan kriteria inklusi dan eksklusi. Pengumpulan data menggunakan lembar observasi. Teknik analisa data menggunakan analisa data diskritif dengan metode dokumentasi dan presentase.

Hasil: Didapatkan gambaran kejadian anemia pada ibu post partum di RSUD Panembahan Senopati Bantul. Analisa data dari 56 responden sebagian besar responden mengalami anemia ringan sebanyak 20 (35,7%) dan anemia sedang sebanyak 4 (7,1%), sedangkan berdasarkan usia 20-35 tahun anemia ringan 18 (32,1%) dan anemia sedang 2 (3,6%), berdasarkan pendidikan SMA anemia ringan 14 (25,0%) dan anemia sedang 1 (1,8%), berdasarkan usia kehamilan 37-40 minggu anemia ringan 16 (28,6) dan anemia sedang 4 (7,1%), berdasarkan pekerjaan IRT anemia ringan 16 (28,6%) dan anemia sedang 2 (3,6%). berdasarkan paritas multipara anemia ringan 11 (19,6%) dan anemia sedang 3 (5,4%).

Kesimpulan: Gambaran kejadian anemia pada ibu post partum di RSUD Panembahan Senopati Bantul menunjukkan bahwa dari 56 ibu, 20 responden (35,7%) mengalami anemia ringan.

Kata Kunci: Anemia, Post Partum

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THE DESCRIPTION OF THE OCCURRENCE OF ANEMIA IN POST PARTUM MOTHERS IN PANEMBAHAN SENOPATI GENERAL HOSPITAL, BANTUL YOGYAKARTA

ABSTRACT

Background : Approximately 60 % of maternal mortalities occur in post delivery terms and nearly 50 % of post natal mortalities occur in the first 24 hours after labors which are primarily derived from complications during post natal terms. Factors that contribute to the occurrence of complication during post natal period are anemia, hygiene, fatigue, the process of obstructed labor (prolonged labor, traumatic labor, poor preventive effort for infection, excessive manipulation). Anemia is a disease of blood deficiency indicated by low level of Hemoglobin (Hb) and red blood cells (erythrocyte) compared to normal condition.

Objective : To find out the description of the occurrence of anemia in post partum mothers in Panembahan Senopati General Hospital, Bantul.

Method : This study applied non-analytical descriptive method through purposive sampling. Respondents in this study were 56 respondents who met the inclusion and exclusion criteria. Data collecting used observational sheets. Data analysis technique applied descriptive data analysis by using documentation and percentage methods.

Result : The description of the occurrence of anemia in post partum mothers in Panembahan Senopati General Hospital, Bantul, are presented as follows ; among 56 respondents, the majority of the respondents suffered mild anemia as many as 20 respondents (35,7%) and 4 respondents (7,1%) suffered moderate anemia. According to the age interval ranging from 20-35; 18 respondents (32,1%) suffered mild anemia and 2 respondents (3,6%) suffered moderate anemia. According to Senior High School educational background; 14 respondents (25,0%) suffered mild anemia and 1 respondent (18%) suffered moderate anemia. According to Gestational Age of 37-40 weeks; 16 respondents (26,8%) suffered mild anemia and 4 respondents (7,1%) suffered moderate anemia. According to profession as housewives; 16 respondent (26,8%) suffered mild anemia and 2 respondents (3,6%) suffered moderate anemia. According to Multipara Parity; 11 respondents (19,6%) suffered mild anemia and 3 respondents (5,4%) suffered moderate anemia.

Conclusion : The description of the occurrence of anemia in post partum mothers in Panembahan Senopati General Hospital, Bantul, indicates that among 56 post partum mothers, 20 respondents (35,7%) suffered mild anemia.

Keywords : Anemia, Post partum.

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