

**IMPLEMENTASI TERAPI MUSIK MOZARD UNTUK MENGURANGI
NYERI PADA PASIEN DENGAN OSTEOCONDROMA POST OPERASI
HARI KE 0 EKSISI MARGINAL DI RUANG ANGGREK RSUD
WONOSARI**

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INTISARI

Latar Belakang: Osteochondroma adalah tumor tulang jinak yang ditandai dengan pertumbuhan eksofitik dari permukaan tulang, biasanya terdiri dari tangkai tulang yang ditutupi oleh lapisan tulang rawan hialin. Kondisi ini terutama muncul pada anak-anak dan remaja, terutama selama periode pertumbuhan rangka, dan paling sering ditemukan di metafisis tulang panjang seperti femur distal, tibia proksimal, dan humerus proksimal (Srikanth et al., 2024; Ayu & Iqbal, 2023; Thapa & Katwal, 2024).

Tujuan Penelitian: Mengetahui efektivitas Implementasi Terapi Musik Untuk Mengurangi Nyeri Pada Pasien Post Operasi Hari Ke 0 Eksisi Marginal Di RSUD Wonosari.

Metode Penelitian: penelitian ini menggunakan metode observasi dan implementasi secara langsung kepada pasien selama 3 hari, Penelitian dilakukan pada 15-17 Oktober 2025. Sampel yang digunakan sebanyak 1 pasien post op osteocondroma. Tehnik Analisa data yaitu dengan tahapan pengumpulan data, reduksi data dan didapatkan 3 diagnosa keperawatan dnegan diagnose prioritas nyeri akut.

Hasil Penelitian: Hasil penelitian pada pasien post op osteocondroma setelah di terapkan terapi non farmakologis terapi music mozard selama 3 hari didapatkan Sebelum dilakukan pemberian terapi music mozard untuk mengurangi nyeri pada pasien didapatkan skala nyeri pasien 6 dan setelah dilakukan intervensi pada hari pertama didapatkan skala nyeri berkurang yaitu 5, pada hari kedua didapatkan hasil tekanan darah pasien setelah diberikan terapi music mozard yaitu skala 4 dan pada hari ketiga didapatkan hasil skla nyeri pasien setelah diberikan terapi music mozard yaitu skala 3.

Kesimpulan: Hasil penelitian didapatkan bahwa terapi music mozard efektif untuk menurunkan skala nyeri pada pasien.

Kata Kunci : Nyeri, Osteocondroma, Music Mozard

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**IMPLEMENTATION OF MOZARD MUSIC THERAPY TO REDUCE
PAIN IN PATIENTS WITH OSTEOCHONDROMA, POSTOPERATIVE
DAY 0 OF MARGINAL EXCISION IN THE ORCHID ROOM,
WONOSARI HOSPITAL**

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ABSTRAK

Background: Osteochondroma is a benign bone tumor characterized by exophytic growths of the bone surface, usually consisting of a bone stalk covered by a layer of hyalin cartilage. The condition mainly appears in children and adolescents, especially during the period of skeletal growth, and is most commonly found in the metaphysis of long bones such as the distal femur, proximal tibia, and proximal humerus (Srikanth et al., 2024; Ayu & Iqbal, 2023; Thapa & Katwal, 2024).

Research Objective: To determine the effectiveness of the implementation of music therapy to reduce pain in postoperative patients on day 0 of marginal excision at Wonosari Hospital.

Research Method: This study used observation methods and implementation directly to patients for 3 days, The research was conducted on October 15-17, 2025. The sample used was 1 post op osteochondria patient. The data analysis technique is with the stages of data collection, data reduction and 3 nursing diagnoses with priority diagnoses of acute pain.

Research Results: The results of the study on post op osteochondria patients after applying non-pharmacological therapy of music mozard therapy for 3 days were obtained Before the administration of music mozard therapy to reduce pain in the patient, the patient's pain scale was 6 and after intervention on the first day the pain scale was reduced to 5, on the second day the patient's blood pressure results were obtained after being given music mozard therapy, which was a scale of 4 and On the third day, the patient's pain skla results were obtained after being given Mozard's music therapy, namely SKLA 3.

Conclusion: The results of the study found that music mozard therapy is effective in reducing the pain scale in patients.

Keywords : Pain, Osteochondroma, Music Mozard

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