

GAMBARAN TINGKAT PENGETAHUAN REMAJA TENTANG BAHAYA MEROKOK DI SMK MUHAMMADIYAH 1 PATUK GUNUNG KIDUL TAHUN 2016

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INTISARI

Latar Belakang: Proporsi penduduk umur ≥ 10 tahun menurut kebiasaan merokok tertinggi pada Kabupaten/Kota Gunung Kidul yaitu 23,9%. Hasil studi pendahuluan yang dilakukan pada bulan Mei 2016 di SMK Muhammadiyah 1 Patuk Gunung Kidul dengan wawancara 15 siswa bahwa tingkat pengetahuan tentang bahaya merokok belum baik.

Tujuan: Diketahui gambaran tingkat pengetahuan remaja tentang bahaya merokok di SMK Muhammadiyah 1 Patuk Gunung Kidul tahun 2016

Metode: Penelitian ini merupakan jenis penelitian observasional rancangan deskriptif non analitik dengan pendekatan *cross sectional*. Lokasi penelitian di SMK Muhammadiyah 1 Patuk Gunung Kidul. Waktu penelitian bulan Juli 2016. Pengambilan sampel dengan menggunakan *proportionate stratified random sampling* penelitian yaitu 116 peserta didik yang sesuai kriteria inklusi. Analisis data menggunakan *univariat*.

Hasil: Karakteristik remaja yang berjenis kelamin laki-laki sebanyak 84 orang (82,45%) dan perempuan 32 orang (27,6%). Remaja merokok sebanyak 33 orang (28,4%), dan tidak merokok 83 orang (81,0%). Pengetahuan baik 94 orang (81,0%), cukup 15 orang (12,9%), kurang 7 orang (6,0%).

Kesimpulan: Tingkat pengetahuan remaja secara umum tentang bahaya merokok di SMK Muhammadiyah 1 Patuk Gunung Kidul pada 116 peserta didapatkan kategori berpengetahuan baik sebanyak 94 responden (81,0%)

Kata Kunci: Tingkat Pengetahuan, Remaja, Bahaya Merokok

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**THE DESCRIPTION OF ADOLESCENTS' KNOWLEDGE LEVEL ABOUT
THE RISK OF SMOKING IN VOCATIONAL HIGH SCHOOL OF
MUHAMMADIYAH 1, PATUK, GUNUNGKIDUL**

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ABSTRACT

Background: The proportion of population aged ≥ 10 years old according to smoking habit was at the highest scale in Gunungkidul region as many as 23,9%. The result of preliminary study conducted in May 2016 in Vocational High School of Muhammadiyah 1, Patuk, Gunungkidul, through interviews with 15 students found out that the knowledge level about the risk of smoking was not sufficient.

Objective: To identify the Description of Adolescents' Knowledge Level about The Risk of Smoking in Vocational High School of Muhammadiyah 1, Patuk, Gunungkidul

Method: This study was an observational study with non-analytical descriptive design and cross sectional approach. The location of the study was in Vocational High School of Muhammadiyah 1, Patuk, Gunungkidul. This study was conducted in July 2016. Samples were selected by using study subject as many as 116 students who fulfilled inclusion and exclusion criteria. Data analysis applied univariate.

Result: Characteristics of adolescents were male students as many as 84 respondents (82,45%) and female students as many as 32 respondents (27,6%). Smoking students were 33 respondents (28,4%) and non-smoking students were 83 respondents (81,0%). Good knowledge were 94 respondents (81,0%), sufficient knowledge were 15 respondents (12,9%), poor knowledge were 7 respondents (6,0%).

Conclusion: The general knowledge level of adolescents about the risk of smoking in Vocational High School of Muhammadiyah 1, Patuk, Gunungkidul, among 116 participants, was categorized as good knowledge level as many as 94 respondents (81,0%).

Keywords : Knowledge Level, Adolescents, The risk of Smoking

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