

GAMBARAN CITRA TUBUH PASIEN GAGAL GINJAL KRONIS YANG MENJALANI HEMODIALISIS DI UNIT HEMODIALISA RSU PKU MUHAMMADIYAH BANTUL

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INTISARI

Latar Belakang : Data yang diperoleh dari Dinas Kesehatan Pemerintah Kabupaten Bantul menyebutkan bahwa sepanjang tahun 2011 terdapat 76 kasus penyakit gangguan fungsi ginjal (Dinkes Bantul, 2013). Salah satu tindakan pada pasien dengan penyakit gagal ginjal kronis adalah hemodialisis, yang memiliki dampak pada gangguan citra tubuh.

Tujuan : Mengetahui gambaran citra tubuh pada pasien gagal ginjal kronis yang menjalani hemodialisis di Rumah Sakit Umum PKU Muhammadiyah Bantul.

Metode : Penelitian ini merupakan penelitian deskriptif dengan pendekatan *cross-sectional*. Pengambilan sampel menggunakan teknik *total sampling* yang berjumlah 70 responden. Pengumpulan data dilakukan dengan menggunakan kuesioner dan analisa data yang digunakan adalah analisis *univariat*.

Hasil : Berdasarkan penelitian diperoleh data mengenai gambaran citra tubuh pasien gagal ginjal kronis yang menjalani hemodialisis dengan citra tubuh positif pada domain *appearance evaluation* 75,7%, *appearance orientation* 58,6%, *body area satisfaction* 81,4%, *oveorweight preoccupation* 91,4%, dan *self classified weight* 71,4%.

Kesimpulan : Sebagian besar pasien gagal ginjal kronis yang menjalani hemodialisis di unit hemodialisa RSU PKU Muhammadiyah Bantul adalah positif yang meliputi *appearance evaluation*, *appearance orientation*, *body area satisfaction*, *oveorweight preoccupation*, dan *self classified weight*.

Kata Kunci : Pasien gagal ginjal kronis, Hemodialisis, Citra tubuh.

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BODY IMAGE FEATURES OF CHRONIC RENAL FAILURE PATIENTS THOSE UNDERGOING HEMODIALYSIS IN UNIT HEMODIALISA RSU PKU MUHAMMADIYAH BANTUL

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ABSTRACT

Background: Data were obtained from the Health Office in Bantul Regency Government states that in 2011 there were 76 cases of impaired renal function (Bantul Health Office, 2013). One of the actions performed in patients with chronic kidney disease is hemodialysis, where such measures have an impact on body image disturbance.

Objective: To determine an overview of body image in patients with chronic renal failure undergoing hemodialysis at PKU Muhammadiyah General Hospital in Bantul.

Methods: This research is a descriptive cross-sectional. Sampling using total sampling amount to 70 respondents. The data collection was conducted using questionnaires and data analysis used is the univariate analysis.

Results: Based on the research data showed on a picture image of the patient with chronic renal failure undergoing hemodialysis with a positive body image on the domain of appearance evaluation 75.7%, 58.6% appearance orientation, body area satisfaction 81.4%, 91.4 preoccupation oveorweight %, and 71.4% self classified weight.

Conclusion: The majority of patients with chronic renal failure undergoing hemodialysis in the hemodialysis unit RSU PKU Muhammadiyah Bantul is positive evaluation that includes appearance, appearance orientation, body area satisfaction, oveorweight preoccupation and self classified weight.

Keywords: patients with chronic renal failure, hemodialysis, body image.

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