

GAMBARAN ANEMIA PADA IBU HAMIL DI WILAYAH KERJA PUSKESMAS PAJANGAN BANTUL

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INTISARI

Latar Belakang : Angka kematian ibu (AKI) adalah banyaknya wanita yang meninggal dari suatu penyebab terkait gangguan kehamilan, persalinan dan nifas per 100.000 kelahiran hidup (DepKes RI, 2011). Anemia pada ibu hamil merupakan salah satu penyebab terjadinya perdarahan yang merupakan faktor utama penyebab kematian ibu. Kecamatan Pajangan merupakan wilayah dengan kejadian anemia tertinggi kedua di kabupaten Bantul yaitu (54,89%).

Tujuan : Penelitian ini bertujuan untuk mengetahui gambaran anemia pada ibu hamil di Puskesmas Pajangan Bantul.

Metode Penelitian : Jenis penelitian ini adalah deskriptif kuantitatif dengan pendekatan survey. Metode penelitian menggunakan *random sampling* dan sampel yang digunakan sebanyak 43 responden ibu hamil.

Hasil : Dari penelitian diketahui mayoritas ibu hamil mengalami anemia ringan yaitu (53,5%) dan yang tidak anemia sebanyak (39,5%) responden. Responden yang anemia berumur >35 tahun sebanyak (23,25%), yang tidak anemia berumur 20 – 35 tahun sebanyak (30,23%) responden. Responden yang anemia dengan paritas *multipara* yaitu (25,58%), yang tidak anemia paritas *primipara* yaitu (23,25%) responden. Responden yang anemia jenjang pendidikan SMP yaitu (20,9%), yang tidak anemia jenjang pendidikan SMA yaitu (16,2%) responden. Responden yang anemia mayoritas umur kehamilan TM III yaitu (23,25%), yang tidak anemia umur kehamilan TM II yaitu (18,60%) responden.

Kesimpulan: Berdasarkan hasil penelitian dapat disimpulkan mayoritas ibu hamil mengalami anemia ringan. Mayoritas ibu hamil yang mengalami anemia berumur >35 tahun, paritas *multipara*, jenjang pendidikan SMP dan umur kehamilan trimester III.

Saran: Bidan sebaiknya dapat memberikan penyuluhan dan KIE yang lebih maksimal khususnya yang berkaitan dengan anemia.

Kata Kunci: Anemia, Ibu Hamil.

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THE OVERVIEW OF ANEMIA ON PREGNANT WOMAN IN THE WORK AREA HEALTH CENTER OF PAJANGAN BANTUL

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ABSTRACT

Background: Maternal mortality is the number of women who died from a cause related to disorders of pregnancy, childbirth and postpartum per 100,000 live births (Health Department of RI, 2011). Anemia of pregnant mother is the one of cause bleeding that is a main factors causing maternal mortality. Pajangan Regency is an area with the second highest incidence of anemia in Bantul district which (54.89%).

Purpose: this research purpose is to know the overview of anemia on pregnant mother at Public Health Center of Pajangan Bantul.

Research Method: This research is quantitative descriptive with survey approach. Research method used *random sampling* and using samples as many 43 respondents of pregnant mother.

Result: From the research known that most of pregnant mother experiences light anemia as much (53,5%) and who are not anemia as much (39,5%) respondents. Respondents who are anemia aged >35 years old as much (23,25%), who are not anemia aged 20 – 35 years old as much (30,23%) respondents. Respondents who are anemia with parity *multipara* as much (25,58%), who are not anemia parity *primipara* as mach (23,25%) respondents. Respondents who are anemia educated Junior High School as much (20,9%), who are not anemia educated Senior High School as much (16,2%) respondents. Most of respondents who are anemia with gestational age TM III as much (23,25%), who are not anemia with gestational age TM II as much (18,60%) respondents.

Conclusion: Based on research result is concluded most of pregnant mother experiences light anemia. Most of pregnant mother who had anemia aged >35 years old, parity *multipara*, education Junior High School and gestational age trimester III.

Suggest: Midwives should be able to provide counseling and maximum KIE especially those related to anemia.

Keywords: Anemia, Pregnant Woman.

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