

HUBUNGAN PEROKOK PASIF DENGAN KEJADIAN MENOPAUSE DINI PADA PEREMPUAN DI DUSUN NGARAN DESA BALECATUR KECAMATAN GAMPING SLEMAN

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INTISARI

Latar Belakang: Terjadinya menopause pada perempuan di Dusun Ngaran Desa Balecatur dapat dipengaruhi oleh terpaparnya asap rokok. Berdasarkan hasil studi pendahuluan di Dusun Ngaran terdapat 3 dari 8 perempuan yang menopause mengatakan berhenti menstruasi sebelum usia 45 tahun. Dari ketiga perempuan tersebut mengatakan hampir setiap hari terpapar asap rokok baik di sekitar rumah ataupun di luar rumah.

Tujuan: Diketuinya hubungan perokok pasif dengan kejadian menopause dini pada perempuan di Dusun Ngaran Desa Balecatur Kecamatan Gamping Sleman.

Metode Penelitian: Metode yang digunakan *observasional analitik* dengan desain *kohort retrospektif*. Jumlah sampel sebanyak 76 responden dengan teknik *purposive sampling*. Analisis menggunakan *Chi-Square* dengan tingkat kemaknaan 95%.

Hasil: Perokok pasif pada perempuan sejumlah 52,6% (40 responden). Perempuan yang menopause dini sejumlah 34,2% (26 responden). Hubungan antara perokok pasif dengan kejadian menopause dini pada perempuan di Dusun Ngaran Desa Balecatur Kecamatan Gamping Sleman dengan nilai $p = 0,000$.

Kesimpulan: Ada hubungan yang signifikan perokok pasif dengan kejadian menopause dini pada perempuan.

Kata Kunci: Perokok pasif, Menopause dini

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THE CORRELATION BETWEEN PASSIVE SMOKERS AND EARLY MENOPAUSE IN WOMEN IN NGARAN, BALECATUR VILLAGE, GAMPING SUB REGION, SLEMAN

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ABSTRACT

Background : The occurrence of menopause in women in Ngaran, Balecatur village can be influenced by cigarette smoke. Based on the results of the preliminary study in Ngaran, there are 3 of 8 women who stop menstruation before 45 years old. Third of these women said that almost in everyday they are exposed cigarette smoke from around or outside their house.

Objective : To identify the correlation between passive smokers and early menopause in women in Ngaran, Balecatur village, Gamping Sub Region, Sleman.

Method : The method of this study was *observational analytic* with *cohort retrospective* design. The number of samples was 76 respondents selected through *purposive sampling* technique. Data analysis applied *Chi-square* with significance level of 95%.

Result : Passive smokers of women were as many as 52,6% (40 respondents). Women with early menopause were as many as 34,2% (26 respondents). The relation between passive smokers and early menopause in women in Ngaran, Balecatur Village, Gamping Sub Region, Sleman, was identified with p-value of 0,000.

Conclusion : There is a significant correlation between passive smokers and early menopause in women.

Keywords : Passive Smokers, Early Menopause.

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