

Gambaran Kadar Hemoglobin Ibu Hamil Di Wilayah Kerja

Puskesmas Mergangsan Kota Yogyakarta

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INTISARI

Latar Belakang: Prevalensi ibu hamil anemia tahun 2014 Kota Yogyakarta 28,10% jumlah tersebut meningkat dibanding tahun 2013 sebesar 24,33%. Kenaikan prevalensi ibu hamil anemia juga terjadi di Puskesmas Mergangsan pada tahun 2013 sebesar 28,17% menjadi 28,75% pada tahun 2014.

Tujuan: Mengetahui karakteristik ibu hamil menurut umur, gravida, trimester, dan hemoglobin. Mengetahui ibu hamil tidak anemia, anemia ringan, sedang, berat wilayah kerja Puskesmas Mergangsan, Kota Yogyakarta.

Metode Penelitian: Jenis Penelitian adalah penelitian deskriptif retrospektif, rancangan penelitian *cross sectional*. Penelitian dengan data sekunder pada kohort ibu hamil di Puskesmas Mergangsan periode bulan Januari sampai Juni 2015. Besarnya sampel yang digunakan adalah 86 orang. Analisis data menggunakan analisis univariabel.

Hasil penelitian: Karakteristik ibu hamil dengan umur antara 20-35 tahun 75,6%. Frekuensi tertinggi gravida sebesar 50 (58,1%) multigravida, karakteristik trimester frekuensi tertinggi TM I sebesar 45 (52,3%). Karakteristik kadar hemoglobin mayoritas tidak anemia 74,4%. Hasil penelitian ibu hamil yang tidak anemia tertinggi terjadi pada trimester I, anemia ringan terbanyak trimester II. Hasil penelitian menunjukkan tidak terdapat ibu hamil trimester I, II, III mengalami anemia sedang dan anemia berat di wilayah kerja Puskesmas Mergangsan.

Kesimpulan: Karakteristik ibu hamil menurut umur antara 20-35 tahun sebanyak 75,6%, menurut gravida 58,1%, trimester 52,3%, kadar hemoglobin sebagian besar tidak anemia, 4%. Kadar hemoglobin ibu hamil TM I, II, III yang tidak anemia tertinggi pada TM I (62,5%), anemia ringan 59%, tidak terdapat ibu hamil yang anemia sedang dan berat.

Kata Kunci : Anemia, Ibu Hamil

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THE DESCRIPTION OF PREGNANT MOTHER HEMOGLOBIN LEVELS IN WORKING AREA OF PUSKESMAS MERGANGSAN KOTA YOGYAKARTA

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ABSTRACT

Background of study: Anemia pregnant mother prevalence in 2014, in Kota Yogyakarta was 28.10%. This number is more increased than in 2012 as 24.33%. The increasing of anemia pregnant mother prevalence in Puskesmas Mergangsan in 2013 was about 26.17% became 28.75% in 2014.

Objective of study: this study aims to describe the characteristics based on the age, gravida, trimester and hemoglobin. Besides, this study describes about pregnant mother in category; no anemia, light anemia, adequate anemia, and severe anemia in the working are of Puskesmas Mergangsan Kota Yogyakarta.

Research Method: this study is retrospective descriptive with cross sectional approach. This study uses secondary data in cohort pregnant mothers in Puskesmas Mergangsan from January- June 2015. There are 86 pregnant mothers as respondents. To analyze the data uses univariable analysis.

Result study: The characteristic of pregnant mothers in the age of 20-35 years old is 75.6%. the highest gravid frequency is 50 respondents (58.1%), the highest trimester frequency in TM I is 45 respondents (52.3%), majority or it is about 74.4% respondents are not suffering anemia. The result shows that there are anemia in the highest number are in TM I, the light anemia are in TM II. It also shows that in trimester I, II, III, there are no pregnant mothers who suffered adequate and severe anemia in Puskesmas Mergangsan.

Conclusion: the characteristic of pregnant mother in the age of 20-35 years old is 75.6%, based on gravid is 58.1%, highest trimester frequency in TM I is 52.3%, the hemoglobin level is not suffered anemia as 4%, the highest category about not suffered anemia is in TM II (62.5%) the light anemia is 59%. Therefore, there are no pregnant mother who suffered adequate or severe anemia.

Keywords: Anemia, pregnant mothers

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