

**SIKAP REMAJA PUTRI UMUR 18 – 21 TAHUN TENTANG
PEMERIKSAAN PAYUDARA SENDIRI (SADARI) DI
KOMPLEK R2 PONDOK PESANTREN
AL-MUNAWIR KRAPYAK BANTUL
YOGYAKARTA**

INTISARI

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Latar Belakang: Kanker menjadi penyebab angka kesakitan dan kematian tertinggi pada wanita di seluruh dunia. Kanker tertinggi di Indonesia pada perempuan adalah kanker payudara dan leher rahim. Kasus kanker tertinggi di Indonesia sebesar 1,4%. Daerah Istimewa Yogyakarta memiliki prevalensi kanker tertinggi yaitu sebesar 4,1%. Dari hasil studi pendahuluan di Komplek R2 Pondok Pesantren Al-Munawir Krapyak Bantul terhadap 7 remaja putri, 4 remaja sudah mengetahui gambaran kanker payudara tetapi belum mengetahui cara melakukan SADARI.

Tujuan: Mengetahui sikap remaja putri tentang pemeriksaan payudara sendiri (SADARI) di Komplek R2 Pondok Pesantren Al-Munawir Krapyak Bantul Yogyakarta.

Metode Penelitian: Metode penelitian ini menggunakan deskriptif kuantitatif. Lokasi penelitian di Komplek R2 Pondok Pesantren Al-Munawir Krapyak Bantul Yogyakarta. Waktu pelaksanaan 4 Agustus 2016. Populasi 50 responden dengan teknik pengambilan sampel menggunakan *total sampling*. Instrumen penelitian menggunakan kuesioner tertutup. Variabel penelitian ini yaitu variabel tunggal dan analisa data menggunakan analisa univariat.

Hasil: Sikap responden berdasarkan aspek kognitif dalam kategori positif sebanyak 42 responden (84,0%), sikap responden berdasarkan aspek afektif dalam kategori positif sebanyak 37 santri (74,0%), sikap responden berdasarkan aspek konatif dalam kategori positif sebanyak 34 responden (68,0%). Sikap remaja putri tentang SADARI memiliki sikap positif sebanyak 44 santri (88,0%).

Kesimpulan: Hasil penelitian didapatkan bahwa sikap remaja putri tentang pemeriksaan payudara sendiri (SADARI) di Komplek R2 Pondok Pesantren Al-Munawir Krapyak Bantul Yogyakarta dalam kategori positif (88,0%).

Kata Kunci: Sikap, Remaja Putri, SADARI

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**THE ATTITUDE OF TEENAGERS AGE 18-21 YEARS OLD ABOUT
BREAST SELF-EXAMINATION (BSE) IN R2 COMPLEX OF
AL-MUNAWIR ISLAMIC BOARDING SCHOOL KRAPYAK
BANTUL YOGYAKARTA YEAR 2016**

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ABSTRACT

Background: Canceris causing the highest number of morbidity and mortality in women in whole world. The highest cancer in Indonesian women is breast cancer and cervical cancer. The highest case of cancer in Indonesia as much 1,4%. Special Region of Yogyakarta have the highest prevalence of cancer as much 4,1%. From the result of preliminary study in R2 Complex of Al-Munawir Islamic Boarding School Krapyak Bantul Yogyakarta by concerning 7 female teenagers, 4 teenagers know the description of breast cancer but did not know how to do a breast self-examination

Objective: to know the attitude of teenagers age 18-21 years old about breast self-examination (BSE) in R2 complex of Al-Munawir Islamic Boarding School Krapyak Bantul Yogyakarta.

Research Method: This research method used quantitative descriptive. Research location in R2 Complex of Al-Munawir Islamic Boarding School Krapyak Bantul Yogyakarta. Research timing in August, 4 2016, the number of respondents as many 50 by total sampling technique, instrument used in data collecting used closed questioner, the research variables is single variable and data analysis used univariate analysis.

Result: The attitude of the respondents based on cognitive component in the positive category as many 42 respondents (84,0%), the attitude of the respondents based on affective component in positive category as many 37 respondents (74,0%), the attitude of the respondents based on conative component in positive category as many 34 respondents (68,0%). The overall attitude of female teenagers most have positive attitude as many 44 respondents (88,0%).

Conclusion: Research result obtained that attitude of female about breast self-examination (BSE) in R2 complex of Al-Munawir Islamic Boarding School Krapyak Bantul Yogyakarta in positive category (88,0%).

Keywords: Attitude, BSE

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