

INTISARI

TINGKAT PENGETAHUAN REMAJA PUTRI TENTANG SEKS BEBAS DI KOMPLEK R1 PONDOK PESANTREN AL-MUNAWWIR KRAPYAK BANTUL YOGYAKARTA TAHUN 2016

Suramiana¹, Lily Yulaikhah²

Latar Belakang: Hasil Survei Demografi dan Kesehatan Indonesia (SDKI) Kesehatan Reproduksi Remaja (KRR) 2012 sebanyak 33,3% remaja perempuan sudah berpacaran. Data Dinas Kesehatan (Dinkes) Yogyakarta selama tahun 2015 sebanyak 976 pelajar putri hamil di luar nikah. Hasil studi pendahuluan di kompleks R1 pondok pesantren Al-Munawwir Krapyak tanggal 30 maret 2016 melalui wawancara didapatkan 6 remaja putri memiliki pengetahuan kurang tentang seks bebas. Dampak seks bebas salah satunya adalah kehamilan di luar nikah.

Tujuan Penelitian: Mengetahui pengetahuan remaja putri tentang seks bebas di Komplek R1 pondok pesantren Al-Munawwir Krapyak Bantul Yogyakarta tahun 2016.

Metode: Rancangan penelitian *deskriptif kuantitatif* pendekatan *cross sectional*. Lokasi di Komplek R1 Pondok Pesantren Al-Munawwir Krapyak Bantul Yogyakarta. Waktu penelitian bulan Agustus 2016. Populasi 52 orang. Sampel diambil dengan *total sampling* yakni 52 remaja putri. Variabel tunggal. Pengambilan data dengan kuesioner tertutup. Analisa data analisa univariat.

Hasil: Pengetahuan pengertian seks bebas kategori baik dan cukup masing-masing sebanyak 21 responden (40,4%), Pengetahuan tentang faktor-faktor yang menyebabkan remaja melakukan seks bebas kategori cukup sebanyak 23 responden (44,2%), Pengetahuan tentang dampak seks bebas kategori kurang sebanyak 20 responden (38,5%), Pengetahuan tentang pencegahan seks bebas kategori kurang sebanyak 19 responden (36,5%), Pengetahuan seks bebas remaja putri kategori cukup sebanyak 26 responden (50,0%).

Kesimpulan: Pengetahuan responden tentang seks bebas paling banyak pada kategori cukup (50,0%).

Saran: Diharapkan responden dapat mencari informasi tentang seks bebas untuk menambah wawasan sehingga dapat membentengi diri dari seks diluar nikah.

Kata Kunci: Pengetahuan, Remaja Putri, Seks Bebas

¹Mahasiswa Prodi Kebidanan (D-3) Stikes Jenderal Achmad Yani Yogyakarta

²Dosen Pembimbing Karya Tulis Ilmiah Stikes Jenderal Achmad Yani Yogyakarta

ABSTRACT

THE KNOWLEDGE LEVEL OF FEMALE ADOLESCENT ABOUT FREE SEX IN COMPLEX R1 OF ISLAMIC BOARDING SCHOOL AL MUNAWWIR KRAPYAK BANTUL YOGYAKARTA YEAR 2016

Suramiana¹, Lily Yulaikhah²

Background: The result of Indonesian Demographic and Health Survey (IDHS) Adolescent Reproductive Health (ARH) 2012 as much 33,3% female adolescents were already dating. Data from Health Service of Yogyakarta in year 2015 as many 976 female students were unwed pregnancy. Result of preliminary study in complex R1 Islamic Boarding School Al-Munawwir Krapyak in March, 30 2016 by interview obtained 6 female adolescents had less knowledge about free sex. One of Impact of free sex is a pregnancy outside marriage.

Research Objective: To know the knowledge level of female teenagers about free sex in complex R1 of Islamic Boarding School Al Munawwir Krapyak Bantul Yogyakarta year 2016.

Method: This research used quantitative descriptive design with cross sectional approach. Research location in complex R1 of Islamic Boarding School Al Munawwir Krapyak Bantul Yogyakarta. Research time in August 2016. Population 52 people. Sample taken by total sampling as many 52 female adolescents. Single variable. Data collected by closed questioner. Data analysis used univariate.

Result: Knowledge about the definition of free sex was in less category as many 33 respondents (63,5%), knowledge about factors causing the adolescents do the free sex was in enough category as many 23 respondents (44,2%), knowledge about the impact of free sex was in less category as many 20 respondents (38,5%), knowledge about prevention of free sex was in less category as many 19 respondents (36,5%), knowledge level about free sex on female adolescents was in enough category as many 26 respondents (50,0%).

Conclusion: The knowledge level of female adolescents about free sex in complex R1 of Islamic Boarding School Al Munawwir Krapyak Bantul Yogyakarta was in enough categories (50,0%).

Suggestion: Expected to respondents to look for information about free sex to increase knowledge so it can fortify themselves from sex outside marriage.

Keywords: Knowledge, Female Adolescents, Free Sex

¹Student of Midwifery Department (D-3) of Stikes Jenderal Achmad Yani Yogyakarta

²Supervisor of Scientific Paper of Stikes Jenderal Achmad Yani Yogyakarta