

**DUKUNGAN KELUARGA PADA IBU NIFAS TERHADAP PIJAT  
OKSITOSIN DI BPM PIPIN HERIYANTI  
YOGYAKARTA**

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**INTISARI**

**Latar Belakang:** Berdasarkan data Dinas Kesehatan Di Yogyakarta presentasi pemberian ASI Eksklusif terus mengalami peningkatan pada tahun 2014, peningkatan tersebut juga terjadi diseluruh Kabupaten Kota DIY. Cakupan ASI Eksklusif yang masih tergolong rendah yaitu di Kabupaten Kota Yogyakarta yang hanya mencapai 54,9%.Pijat oksitosin juga merupakan stimulasi yang dapat diberikan untuk merangsang pengeluaran ASI. Di BPM Pipin Heriyanti terdapat 42 persalinan, sebanyak 6 keluarga dari masing-masing ibu bersalin mengerti dan akan mendukung tentang pijat oksitosin. Sedangkan sebanyak 36 keluarga dari masing-masing ibu bersalin kurang mengerti dan belum sepenuhnya mendukung tentang pijat oksitosin.

**Tujuan Penelitian:** Mengetahui dukungan keluarga pada ibu nifas terhadap pijat oksitosin di BPM Pipin Heriyanti Yogyakarta.

**Metode Penelitian:** Rancangan penelitian ini adalah *deskriptif kuantitatif*. Tehnik sampling yang digunakan adalah *Total sampling*. Penelitian ini menggunakan kuesioner sebagai alat ukur dan analisis data menggunakan univariat.

**Hasil:** Dukungan keluarga pada ibu nifas terhadap pijat oksitosin di BPM Pipin Heriyanti Yogyakarta yaitu dukungan informasional dalam kategori kurang sebanyak 25 responden (59,5%), dukungan penilaian dalam kategori Kurang dan Baik 21 responden (50,0%), dukungan instrumental dalam kategori kurang 22 responden (52,4%), dan dukungan emosional dalam kategori kurang 23 responden (54,8%).

**Kesimpulan:** Dukungan keluarga pada ibu nifas terhadap pijat oksitosin di BPM Pipin Heriyanti Yogyakarta dalam kategori kurang sebanyak 27 responden (64,3%).

**Kata kunci:** Dukungan, keluarga, pijat oksitosin.

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# THE FAMILY SUPPORTING FOR CHILDBIRTH MOTHER TOWARD OXIDATION MASSAGE AT BPM OF PIPIN HERIYANTI YOGYAKARTA

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## ABSTACT

**Background:** According to the data of health department at Yogyakarta, the percentages of giving exclusive mother's milk continue to experience the increasing in 2014, that increasing also occurs at whole regency in DIY city. The scope of exclusive mother's milk that still classified as low is at Yogyakarta city regency which just gains 54.9 %. Oxidation massage is also as stimulus which can be given for stimulating the production of mother's milk. At BPM of Pipin Heriyanti, there are 42 maternities, as many as 6 families from each maternity's mother understand and will support about oxidation massage. Whereas, there are about 36 families from each maternity's mother quite understand and not thoroughly support about oxidation massage.

**Objective of the research:** To know the family supporting for childbirth mother toward oxidation massage at BPM of Pipin Heriyanti Yogyakarta.

**Research methodology:** The concept of this research is *descriptive quantitative*. Technique for sampling that is used is *total sampling*. This research use questioners as the instrument and analysis the data uses invariant.

**Result:** The family supporting for childbirth mother toward oxidation massage at BPM of Pipin Heriyanti Yogyakarta is informational support in less category is about 25 respondents (59.5 %), assessment support in less category and good is 21 respondents (50.0 %), instrumental support in less category is 22 respondents (52.4 %), and emotional support in less category is 23 respondents (54.8 %).

**Conclusion:** The family supporting for childbirth mother toward oxidation massage at BPM of Pipin Heriyanti Yogyakarta in less category is about 27 respondents (64.3 %).

**Key word:** Family support, oxidation massage.

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