

**GAMBARAN PROGRAM PERENCANAAN PERSALINAN
DAN PENCEGAHAN KOMPLIKASI (P4K)
PADA IBU HAMIL TRIMESTER III
DI PUSKESMAS JETIS I**

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INTISARI

Latar belakang: P4K termasuk program pemerintah bertujuan meningkatkan mutu pelayanan kesehatan bagi ibu hamil melalui peningkatan peran aktif keluarga dan masyarakat dalam merencanakan persalinan. Angka Kematian Ibu di Daerah Istimewa Yogyakarta pada tahun 2014 sebesar 40/100.000 kelahiran hidup, di Kab Bantul AKI pada tahun 2014 mengalami kenaikan dibanding tahun 2013 pada tahun 2014 sebesar 104,7/100.000, hasil studi pendahuluan di Puskesmas Jetis I Bantul tentang gambaran P4K pada tahun 2015 bisa terlaksana 30%.

Tujuan: Untuk mengetahui gambaran P4K di Puskesmas Jetis I Bantul.

Metode: Desain penelitian ini deskriptif, populasi ibu hamil trimester III di Puskesmas Jetis I Bantul sebanyak 47 orang. Teknik sampel *total sampling*. Data dikumpulkan dengan menyebarkan angket kepada responden. Analisis data menggunakan *univariat* sebaran distribusi frekuensi.

Hasil: Penelitian menunjukan ibu hamil tidak siap dalam perencanaan persalinan sebanyak 80,9%. tempat bersalin terbanyak 40,4% puskesmas, penolong terbanyak 74,5% bidan, pendonor darah belum merencanakan 57,4%, perencanaan dana terbanyak 55,3% jaminan, transportasi terbanyak 76,6% motor, perencanaan pendamping suami 87,2%, perencanaan metode KB 46,8% belum direncanakan.

Kesimpulan: Perencanaan tempat persalinan, penolong, pendamping, dana, dan transportasi baik namun pada perencanaan pendonor darah dan metode KB banyak ibu hamil yang tidak siap merencanakan karena ibu hamil belum mengetahui pentingnya persiapan pendonor darah dan metode KB pasca salin.

Kata kunci: Program perencanaan persalinan dan pencegahan komplikasi (P4K), ibu hamil.

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THE DESCRIPTION OF DELIVERY PLANNING PROGRAM AND COMPLICATION PREVENTION (P4K) IN THIRD TRIMESTER PREGNANT MOTHERS IN JETIS I COMMUNITY HEALTH CENTER

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ABSTRACT

Background: Delivery Planning Program and Complication Prevention (P4K) is a part of government program aiming at improving health care quality for pregnant mothers through family's and society's active role improvement in delivery planning . Maternal mortality rate in Yogyakarta in 2014 was 40/100.000 live births, maternal mortality rate in Bantul in 2014 showed an increase compared to year 2013 as many as 104,7/100.000, the result of preliminary study in Jetis I Community Health Center of Bantul figured out that P4K in 2015 was successfully implemented as many as 30%.

Objective: To investigate The Description of Delivery Planning Program and Complication Prevention in Third Trimester Pregnant Mothers in Jetis I Community Health Center

Method: The study design was descriptive. Population of third trimester pregnant mothers in Jetis I community health center of Bantul was 47 respondents. Sampling technique was total sampling. Data was collected through questionnaires distribution. Data analysis applied univariate analysis.

Result: This study indicated that pregnant mothers were not prepared in delivery planning as many as 80,9%. The most populated delivery site was community health center as many as 40,4%, birth attendance with the highest participation was midwives as many as 74,5%, unplanned blood donor as many as 57,4%, the most preferred budget planning was insurance as many as 55,3%, the most preferred transport was motorcycle as many as 76,6%, husband escorting planning as many as 87,2%, contraception method planning as many as 46,8%.

Conclusion: Delivery site, birth attendant, birth escort, budget, and transport planning were in good category but blood donor planning and contraception method planning were not prepared properly by pregnant mothers due to the absence of knowledge about the urgency of blood donor and contraception method preparation during postnatal period.

Keywords: Delivery Planning Program and Complication Prevention, Pregnant Mothers

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