

GAMBARAN TINGKAT KEPATUHAN IBU HAMIL TRIMESTER III DALAM MENGONSUMSI TABLET FE DI PUSKESMAS JETIS II KABUPATEN BANTUL YOGYAKARTA

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INTISARI

Latar Belakang: AKI di Kabupaten Bantul pada tahun 2014 sebesar 104,7 per 100.000 kelahiran hidup dari target 75 per 100.000 kelahiran hidup. Perdarahan merupakan salah satu penyebab AKI di Kabupaten Bantul. Salah satu penyebab perdarahan yaitu anemia. Anemia dapat disebabkan karena kekurangan zat besi. Hasil studi pendahuluan di Puskesmas Jetis II Bantul di peroleh data sebanyak 112 ibu hamil dan ibu hamil trimester III sebanyak 51 ibu hamil.

Tujuan: Mengetahui gambaran tingkat kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di Puskesmas Jetis II Bantul.

Metode: Desain penelitian ini adalah deskriptif kuantitatif. Teknik sampling yang digunakan adalah *quota sampling* dengan jumlah sampel sebesar 46 responden. Penelitian ini menggunakan kuesioner sebagai alat ukur dan analisis data menggunakan univariat.

Hasil: Tingkat kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di Puskesmas Jetis II Kabupaten Bantul yaitu tentang cara 42 responden (91,3%), waktu 37 responden (80,4%), dan frekuensi 39 responden (84,8%).

Kesimpulan: Kepatuhan ibu hamil trimester III dalam mengonsumsi tablet Fe di Puskesmas Jetis II Kabupaten Bantul 34 responden (73,9%) dalam kategori patuh.

Kata Kunci: *kepatuhan, kehamilan, mengonsumsi tablet Fe*

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COMPLIANCE LEVEL OVERVIEW OF TRIMESTER III PREGNANT HOUSEWIVES IN CONSUMING Fe PILLS IN JETIS COMMUNITY HEALTH CENTERS, BANTUL DISTRICT, YOGYAKARTA

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ABSTRACT

Background: Maternal Mortality Rate (MMR) of Bantul District in 2014 was 104,7 per 100.000 alive births inspite the target of 75 per 100.000 alive births. Bleeding was one of the MMR causes in Bantul District. One cause of the bleeding was anemia. The occurrence of anemia was caused by the lack of iron. The results of preliminary study in Jetis II community health centers, Bantul District, the compliance data were as many as 112 pregnan housewives and 51 trimester III pregnan housewives.

Objective: To know the compliance level overview of trimester III pregnant housewives in consuming Fe pills in Jetis II community health centers, Bantul District.

Method: The research design was descriptive-quantitative. The sampling technique used was quota sampling with total samples of 46 respondents. This research was using questionnaire as measuring instrument and univariate data analysis.

Result: The compliance level of trimester III pregnan housewives in consuming Fe pills in Jetis II community health centers, Bantul District, were about: pocedure of 42 respondents was (91,3%), time 37 respondents was (80,4%), and frequency of 39 respondents was (84,8%).

Conclusion: The compliance level of trimester III pregnan housewives in consuming Fe pills in Jetis II community health centers, Bantul District, from 34 respondents (73,9%) was in obey categorized.

Keywords: *compliance, pregnancy, consuming Fe pills*

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