

**GAMBARAN TINGKAT PENGETAHUAN IBU DALAM PEMBERIAN
MAKANAN PENDAMPING ASI (MP-ASI) DI PUSKESMAS
BAMBANGLIPOURO BANTUL
YOGYAKARTA**

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INTISARI

Latar belakang : Angka Kematian Bayi masih ditemukan di Indonesia. Salah satu indikator yang dapat menggambarkan tingkat kesejahteraan masyarakat adalah status gizi bayi/balita. Masalah gizi yang harus dihadapi Indonesia adalah masalah gizi kurang. Keadaan kurang gizi disebabkan karena kebiasaan pola pemberian makanan pendamping ASI yang tidak tepat. DIY termasuk salah satu wilayah yang masih memiliki persentase yang tinggi dari kesediaan gizi. Jumlah kasus AKB di DIY pada tahun 2015 tertinggi terjadi di Kabupaten Bantul 117 (29,25%) kasus, di Puskesmas Bambanglipuro, Bantul 9 kasus. Hasil wawancara dari 10 ibu ada yang belum paham tentang MP-ASI.

Tujuan Penelitian : Duketahuinya gambaran tingkat pengetahuan ibu dalam pemberian makanan pendamping ASI

Metode Penelitian : Rancangan penelitian ini adalah *deskriptif kuantitatif*. Teknik pengambilan sampel menggunakan purposive sampling dengan pendekatan crosssectional. Besar sampel sebanyak 66 ibu yang memiliki anak umur 6-12 bulan. Pengumpulan data menggunakan kuesioner tertutup dan snalisa data univariat.

Hasil : Pengetahuan ibu tentang pengertian makanan pendamping ASI cukup (60,6%), manfaat dan tujuan MP-ASI baik (42,4%), tahap pemberian MP-ASI cukup (48,5%), syarat pemberian MP-ASI baik (48,5%), tanda bayi siap menerima MP-ASI cukup (50%), cara pemberian MP-ASI kurang (39,4%), resiko pemberian MP-ASI kurang (59,1%).

Kesimpulan : Pengetahuan ibu dalam pemberian makanan pendamping ASI di Puskesmas Bambanglipuro Kabupaten Bantul berpengetahuan cukup sebanyak 27 responden (40,9%).

Kata kunci : *Pengetahuan, pemberian MP-ASI*

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**THE KNOWLEDGE DESCRIPTION OF MOTHERS' ABOUT
GIVING COMPLEMENTARY FEEDING (GCF) IN
BAMBANGLIPURO PUBLIC HEALTH CENTER
YOGYAKARTA**

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ABSTRACT

Background : Fetal Mortality Rate (FMR) is still identified in Indonesia. One of indicators of social welfare description is baby nutritional status. Nutritional problem encountered by Indonesian government is nutritional deficiency. Nutritional deficiency is the result of improper Giving Complementary Feeding. Special Province of Yogyakarta (DIY) is one of regions with high percentage of nutritional supply. The highest FMR in DIY in 2015 was located in Bantul region as many as 117 cases (29,25%) and 9 cases in Bambanglipuro public health center of Bantul. The interview results from 10 mothers was that there were some people who had not understood Giving Complementary Feeding yet.

Objective : To find out Mothers' Level of Knowledge in about Giving Complementary Feeding

Method : The type of this study was descriptive and quantitative. The Sampling technique of this research was the total sampling technique with the cross sectional approach. The size of the sample was 66 Mother's. The data was collected by using closed questionnaires and the univariate data analysis.

Result : Knowledge of Mother's about Giving the Complementary Feeding in was sufficient (60,6%), the benefit and purpose of Giving Complementary Feeding in was good (42,4%), the steps of administration of Giving Complementary Feeding in sufficient (48,5%), requirements of administration of Giving Complementary Feeding in was good (48,5%), the signs of baby's preparedness for of Giving Complementary Feeding in was sufficient (50%), the administration method of Giving Complementary Feeding in was poor (39,4%), the risks of administration of Giving Complementary Feeding in was poor (59,1%).

Conclusion : Mothers' knowledge level about administration of Giving Complementary Feeding in Bambanglipuro which public health center of Bantul region in was sufficient which was 27 respondents (40,9%).

Keywords : *Knowledge, Giving Complementary Feeding*

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