

# GAMBARAN MOTIVASI WANITA USIA 30-50 TAHUN DALAM UPAYA DETEKSI DINI KANKER PAYUDARA DENGAN PEMERIKSAAN PAYUDARA SENDIRI (SADARI) DI DUSUN DUWURAN, PARANGTRITIS, KRETEK, BANTUL

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## INTISARI

**Latar Belakang:** Kasus kanker payudara di wilayah DIY merupakan penyumbang prevalensi tertinggi yaitu sebesar 2,4%. Kabupaten Bantul menjadi wilayah yang memiliki jumlah kasus baru terbanyak yaitu (38,01%) 312 kasus. Salah satu cara mengatasi penyakit kanker yaitu dengan pencegahan. Strategi pencegahan yang dilakukan untuk deteksi dini pada kanker payudara yaitu Sadari. Dalam pelaksanaan Sadari dibutuhkan motivasi atau dorongan untuk melakukannya secara rutin. Dari studi pendahuluan pada 11 responden, mengatakan bahwa 11 atau (100%) responden tersebut tidak rutin dalam melakukan Sadari.

**Tujuan:** Mengetahui motivasi wanita usia 30-50 tahun dalam upaya deteksi dini kanker payudara dengan sadari di Dusun Duwuran, Parangtritis, Kretek, Bantul.

**Metode:** Penelitian ini merupakan jenis penelitian *deskriptif kuantitatif*. Populasi dalam penelitian ini sebanyak 82 responden dengan menggunakan teknik *purposive sampling*. Besar sampel yang didapatkan 46 responden sesuai dengan *kriteria inklusi*. Instrumen penelitian menggunakan kuesioner tertutup. Analisa data menggunakan *univariate*.

**Hasil:** Hasil penelitian menunjukkan Motivasi wanita usia 30-50 tahun dikategorikan rendah yaitu 24 responden atau 52.2%. Motivasi instrinsik wanita usia 30-50 tahun dikategorikan tinggi yaitu 25 responden atau 54.3%. Dan motivasi ekstrinsik wanita usia 30-50 tahun dikategorikan rendah yaitu 27 responden atau 58.7%

**Kesimpulan:** Motivasi Wanita Usia 30-50 Tahun Dalam Pelaksanaan Sadari di Dusun Duwuran memiliki motivasi atau keinginan yang rendah dalam pelaksanaan Sadari serta keyakinan yang rendah dalam mewujudkan pelaksanaan Sadari yaitu 24 responden atau 52.2%.

**Kata Kunci:** Motivasi, Wanita Usia 30-50 Tahun, Sadari

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**THE DESCRIPTION OF MOTIVATION AMONG WOMEN AGED 30-50  
YEARS IN ATTEMPT TO THE EARLY DETECTION OF BREAST  
CANCER WITH BREAST SELF EXAMINATION (BSE)  
IN DUWURAN VILLAGE PARANGTRITIS,  
KRETEK, BANTUL**

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**ABSTRACT**

**Background:** Breast cancer cases in Special Region of Yogyakarta area was the highest prevalence contributor as much 2,4%. Bantul district became area which had the highest number of new cases as many (38,01%) 312 cases. One way to overcome cancer disease is prevention. Prevention strategy conducted for early detection of breast cancer is BSE. In the implementation of BSE needed motivation or encouragement to do it regularly. From the preliminary study of 11 respondents, said that 11 or (100%) the respondents were not routine in doing BSE.

**Purpose:** To know the description of motivation among women aged 30-50 years in attempt to the early detection of breast cancer with breast self-examination (BSE) in Duwuran Village Parangtritis, Kretek, Bantul.

**Metode:** This research was kind of quantitative descriptive research. Populations in this research as many 82 respondents taken by purposive sampling technique. Samples obtained 46 respondents accordance with the inclusion criteria. Research instrument used was closed questioner. Data analysis used was univariate.

**Result:** Research result showed that motivation among women aged 30-50 years categorized in low as many 24 respondents or about 52.2%. Intrinsic motivation among women aged 30-50 years categorized in high as many 25 respondents or 54.3%. And extrinsic motivation among women aged 30-50 years categorized in low as many 27 respondents or about 58.7%

**Conclusion:** Motivation among women aged 30-50 years in the implementation of BSE in Duwuran Village had low motivation or low desires in the implementation of BSE and low confidence in realizing the implementation of BSE as many 24 respondents or about 52.2%.

**Keywords:** Motivation, Women Aged 30-50 Years, BSE

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