

## INTISARI

# ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY.E USIA 27 TAHUN MULTIGRAVIDA DI KLINIK PRATAMA DELIMA CONDONGCATUR SLEMAN YOGYAKARTA

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**Latar Belakang:** Anemia kehamilan merupakan permasalahan kesehatan global yang mempengaruhi hampir setengah dari wanita hamil.. Profil Kesehatan DI Yogyakarta Tahun 2018 menunjukkan proporsi anemia pada ibu hamil di DIY sebanyak 12,04 %, Angka ini jauh di bawah angka nasional yaitu sebesar 48,9%. Pemberian tablet fe dan buah kurma merupakan makanan yang mengandung energi tinggi memiliki kandungan karbohidrat, triptofan, omega- 3, vitamin C, vitamin B6, Ca<sup>2+</sup>, Zn, dan Mg. Buah kurma mengandung serat yang sangat tinggi, selain itu juga mengandung kalium, mangan, fosfor, besi, belerang, kalsium juga magnesium yang sangat baik dikonsumsi. **Tujuan:** Memberikan asuhan kebidanan secara continuity of care (berkesinambungan) pada Ny"E" pada masa kehamilan, persalinan, Nifas dan BBL. **Hasil:** Hasil Asuhan Kebidanan berkesinambungan yang didapatkan yaitu Ny. E secara rutin melakukan ANC, pendampingan ANC 4 pertemuan, kunjungan nifas 4 pertemuan serta kunjungan bayi baru lahir 3 pertemuan dan asuhan komplementer yang diberikan pemberian buah kurma pada masa kehamilan, dan pijat bayi pada neonates. **Kesimpulan:** Asuhan kebidanan berkesinambungan kehamilan, persalinan, nifas, bayi baru lahir yang diberikan pada Ny. E seluruhnya telah sesuai dengan standar pelayanan kebidanan.

**Kata Kunci:** Asuhan Berkesinambungan, Anemia, Kebidanan

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## ***ABSTRACT***

### **SUSTAINABLE MIDWIFERY CARE IN NY.E AGE 27 YEARS MULTIGRAVIDA AT PRATAMA DELIMA CLINIC CONDONGCATUR SLEMAN YOGYAKARTA**

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## ***ABSTRACT***

**Background:** Pregnancy anemia is a global health problem that affects almost half of pregnant women. The Health Profile of DI Yogyakarta in 2018 shows that the proportion of anemia among pregnant women in DIY is 12.04%. This figure is far below the national figure, which is 48.9%. Giving Fe tablets and dates is a food that contains high energy and contains carbohydrates, tryptophan, omega-3, vitamin C, vitamin B6, Ca<sup>2+</sup>, Zn, and Mg. Dates contain very high fiber, apart from that they also contain potassium, manganese, phosphorus, iron, sulfur, calcium and magnesium which are very good for consumption. **Objective:** To provide continuity of care (continuous) midwifery care to Mrs "E" during pregnancy, childbirth, postpartum and BBL. **Results:** The results of continuous midwifery care obtained were Mrs. E routinely carries out ANC, ANC assistance for 4 meetings, postpartum visits for 4 meetings and newborn visits for 3 meetings and complementary care is given by giving dates during pregnancy, and baby massage for neonates. **Conclusion:** Continuous midwifery care for pregnancy, childbirth, postpartum and newborns provided to Mrs. E is completely in accordance with midwifery service standards.

**Keywords:** Continuous Care, Anemia, Midwifery

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