

ASUHAN KEBIDANAN BERKESINAMBUNGAN PADA NY C UMUR 31 TAHUN MULTIGRAVIDA DI PMB BEKTI SRI ASTUTI KULON PROGO

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INTISARI

Latar Belakang: Anemia selama kehamilan disebabkan oleh kekurangan zat besi dan perdarahan akut. Ke 2 faktor ini saling berinteraksi, di mana zat besi merupakan komponen penting dalam pembentukan hemoglobin (Hb), yang berperan dalam mengikat oksigen yang sangat diperlukan untuk proses metabolisme.

Tujuan : Memberikan asuhan kebidanan secara berkesinambungan pada ibu hamil, bersalin, nifas, bayi baru lahir dan keluarga berencana sesuai dengan manajemen kebidanan.

Hasil : Telah dilakukan asuhan kebidanan secara berkesinambungan mulai dari kehamilan, nifas dan BBL. hasil pengkajian awal didapat Ny C tidak ada keluhan dan dengan hb 8,8 g/dL termasuk dalam anemia sedang. Kunjungan ke 2 tidak ada keluhan yang ibu rasakan dan hb 9,9 g/dL termasuk dalam anemia ringan lalu diberikan sari kurma untuk meningkatkan hb. Pada kunjungan ke 3 ibu tidak ada keluhan dan didapat hb 10,9 g/dL termasuk dalam anemia ringan. Persalinan dilakukan di PMB Bakti Sri Astuti secara normal bayi lahir pada pukul 12.23 Wib, kunjungan neonatus dilakukan sebanyak 2 kali di PMB Bakti Sri Astuti dan 1 kali di rumah pasien, dan asuhan komplementar yang diberikan pijat bayi, kunjungan nifas dilakukan 2 kali di PMB Bakti Sri Astuti dan 2 kali di rumah tidak ada keluhan memberikan asuhan perawatan payudara. Setelah masa nifas berakhir ibu menggunakan kb suntik 3 bulan yang digunakan pada tanggal 25 juni 2024.

Kesimpulan : Asuhan kebidanan secara berkesinambungan dari kehamilan, persalinan nifas dan bayi baru lahir sudah dilakukan sesuai standar pelayanan kebidanan.

Kata Kunci : Asuhan Berkesinambungan, Anemia, Faktor Resiko

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**CONTINUOUS MIDWIFERY CARE NY C AGE 31 YEARS
MULTIGRAVIDA AT PMB BEKTI SRI ASTUTI KULON PROGO**

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ABSTRACT

Background: Anemia in pregnancy is caused by iron deficiency and acute bleeding. These two factors interact with each other, where iron is an important component in the formation of hemoglobin (Hb) which plays a role in binding oxygen which is very necessary for metabolic processes.

Objective: Providing continuous midwifery services to pregnant, maternity, postpartum, newborn and family planning mothers in accordance with midwifery management.

Results: Continuous midwifery services have been provided starting from pregnancy, postpartum and BBL. The results of the initial assessment showed that Mrs C had no complaints and her HB was 8.8 g/dL, including moderate anemia. At the second visit, the mother did not complain and the HB was 9.9 g/dL, including mild anemia, so she was given date juice to increase the HB. At the third visit the mother had no complaints and HB was 10.9 g/dL, including mild anemia. The delivery was carried out at PMB Bakti Sri Astuti, normally the baby was born at 12.23 WIB, neonatal visits were carried out twice at PMB Bakti Sri Astuti and once at the patient's home, and complementary care was given with baby massage, postpartum visits were carried out. done twice at PMB Bakti Sri Astuti and twice at home there were no complaints in providing breast care. After the postpartum period ends, the mother uses contraception for 3 months which is used on June 25 2024.

Conclusion: Continuous midwifery services starting from pregnancy, postpartum delivery and newborns have been carried out according to midwifery service standards.

Keywords: Continuing Care, Anemia, Risk Factors

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