

GAMBARAN KARAKTERISTIK IBU MENYUSUI YANG MEMPUNYAI BAYI USIA 6-24 BULAN DALAM PEMBERIAN ASI EKSKLUSIF DI PUSKESMAS DANUREJAN 1 KOTA YOGYAKARTA

INTISARI

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Latar Belakang: Hasil Survei Demografi dan Kesehatan Indonesia (SDKI) tahun 2012, Angka Kematian Neonatus (AKN) pada tahun 2012 sebesar 19 per 1000 kelahiran hidup menurun dari 20 per 1000 kelahiran hidup di tahun 2007 dan 23 per 1000 kelahiran hidup. Salah satu upaya pemerintah dalam menurunkan Angka Kematian Neonatus an Bayi dilakukan dengan cara konseling perawatan bayi dan ASI eksklusif. Dinkes DIY (2014) menyebutkan di Provinsi DIY cakupan ASI eksklusif tertinggi berada di Sleman, Puskesmas dengan cakupan ASI eksklusif terendah berada di Danurejan.

Tujuan: diketahui gambaran karakteristik ibu Menyusui dalam pemberian ASI eksklusif di Puskesmas Danurejan 1 Kota Yogyakarta.

Metode: metode penelitian yang digunakan yaitu deskriptif kuantitatif. Pengumpulan data menggunakan data sekunder dengan teknik total sampling. Jumlah sampel dalam penelitian ini adalah 25 responden. Penelitian ini menggunakan lembar observasi sebagai alat ukur dan analisis data menggunakan univariat.

Hasil: Sebagian besar responden yang berada di Puskesmas Danurejan 1 Kota Yogyakarta tidak memberikan ASI eksklusif kepada bayi dengan karakteristik responden berumur 20-35 tahun (76.0%), pendidikan terakhir SMA (48.0%), serta responden yang bekerja sebanyak (48.0%).

Kesimpulan: karakteristik responden sebagian besar berumur 20-35 tahun, pendidikan terakhir SMA, serta ibu yang bekerja sebagai tani lebih banyak yang tidak memberikan ASI.

Kata Kunci: Karakteristik, Ibu Menyusui, ASI eksklusif

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**THE DESCRIPTION OF CHARACTERISTICS OF BREASTFEEDING
MOTHERS IN PROVIDING EXCLUSIVE BREASTFEEDING
IN DANUREJAN 1 COMMUNITY HEALTH CENTER
OF YOGYAKARTA CITY**

ABSTRACT

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Background : The result of Indonesian Health and Demographic Survey (SDKI) in 2012 figured out neonatal mortality rate (NMR) in 2012 as many as 19 cases per 1.000 livebirths as there was a reduction from 20 cases per 1.000 livebirths in 2007 and 23 cases per 1.000 livebirths. One of government's efforts to reduce neonatal and baby mortality rate was providing counseling on baby treatment and exclusive breastfeeding. Health Agency of Yogyakarta (2014) claimed Sleman region of Special Province of Yogyakarta as the region with the highest exclusive breastfeeding coverage and Danurejan community health center with the lowest exclusive breastfeeding coverage.

Objective : To identify the description of characteristics of breastfeeding mothers in providing exclusive breastfeeding in Danurejan 1 community health center of Yogyakarta city.

Method : The method of this study was descriptive and quantitative. Data compilation utilized secondary data selected through total sampling technique. The number of samples in this study was 25 respondents. This study applied observational sheets as assessment instrument and data analysis applied univariate method.

Result : The majority of respondents in Danurejan 1 community health center of Yogyakarta City did not provide exclusive breastfeeding for babies with the characteristics as follows ; aged between 20-35 years old (76.0%), had the highest education grade of Senior High School (48.0%), and employed (48.0%).

Conclusion : The majority of respondents with the characteristics ; aged between 20-35 years old, highest education grade of Senior High School, and employed, mostly did not provide breastfeeding.

Keywords : Characteristics, Breastfeeding Mothers, Exclusive Breastfeeding.

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