

Efektivitas gerakan prenatal yoga child pose

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Submission date: 02-Sep-2025 01:15PM (UTC+0700)

Submission ID: 2740057394

File name: cek_plagiasi_devita.docx.pdf (428.67K)

Word count: 3504

Character count: 21171

**EFEKTIVITAS GERAKAN PRENATAL YOGA ³CHILD POSE
DAN CAT COW POSE UNTUK MENGURANGI NYERI
PINGGANG PADA NY. D DI PMB WIDAWATI RAHAYU**

²LAPORAN TUGAS AKHIR

Diajukan Sebagai Salah Satu Syarat Mencapai Gelar Profesi Bidan
Fakultas Kesehatan Universitas Jenderal Achmad Yani Yogyakarta



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