

HUBUNGAN ANTARA PENDAMPINGAN SUAMI DENGAN LAMANYA KALA 1 PERSALINAN

INTISARI

Aneka wati¹, Dwi yatmi², Ika fitria³

Latar belakang: Keterlambatan pembukaan kala 1 sering ditemukan pada proses persalinan. Percepatan kala 1 merupakan unsur utama dalam proses persalinan pada ibu *inpartum*. Keterlambatan dalam pembukaan merupakan ancaman bagi nyawa ibu maupun bayinya. Wanita yang mengalami keterlambatan pembukaan kala 1 menimbulkan dampak terhadap psikologisnya. Psikologis ibu sangat berhubungan dengan pendampingan suami atau orang terdekat dari ibu.

Tujuan: mengetahui hubungan antara pendampingan suami dengan lamanya kala 1 persalinan di Puskesmas Mergangsan tahun 2011.

Metoda Penelitian: Desain penelitian menggunakan observasi analitik dengan pendekatan cross sectional. Populasi yang diambil pada penelitian ini adalah semua ibu bersalin yang ada di Puskesmas Mergangsan pada bulan Agustus - September tahun 2010 dengan teknik pengambilan sampel menggunakan *consecutif sampling*. Alat pengumpulan data menggunakan kuesioner. Analisis data menggunakan *chi square*.

Hasil Penelitian : Proporsi ibu bersalin yang didampingi suami dengan baik saat melahirkan sebanyak 60%. Lamanya kala 1 persalinan ibu termasuk cepat sebanyak 76.7%. Ada hubungan yang bermakna antara pendampingan suami dengan lamanya kala I persalinan, dimana hasil pengujian dengan *chi square* didapatkan nilai p value sebesar 0,014 lebih kecil dari nilai alpha 0,05.

Simpulan: Ada hubungan yang bermakna antara pendampingan suami dengan lamanya kala I persalinan di Puskesmas Mergangsan tahun 2011.

Kata kunci : Pendampingan suami dan kala 1 persalinan

Keterangan :

1 Mahasiswa Diploma III Kebidanan STIKES A. Yani Yogyakarta

2 Dosen STIKES A. Yani Yogyakarta

3 Dosen STIKES A. Yani Yogyakarta

RELATIONS BETWEEN HUSBAND ASSISTENCE WITH THE DURATION KALA 1 ON LABOR

ABSTRACT

Aneka wati¹, Dwi yatmi², Ika fitria³

Background: Delay in opening of the when one is often found in the birth process. Acceleration when an is a key element in the process of childbirth on the mother inpartum. Delays in the opening of a threat to the lives of both mother and her baby. Women who experience delays when opening, also against the psychological impact. Was highly correlated with maternal psychological assistance from their husbands or mothers closest person.

Objective: To know the relationship between husband's assistance with the length of time of labor in Health Centres Mergangsan 2011.

Research Methods: The study design using a observasional analitik with cross sectional correlation. Population taken in this study were all mothers giving birth in Puskesmas Mergangsan in August-September 2010 with a sampling technique using *consecutif sampling*. Instrument data collection using kuesioner. Data analysis using the *chi square test*.

Results: The proportion of mothers giving birth are accompanied with a good husband as much as 60% at delivery. The duration of labor when a mother including fast as much as 76,7%. There is significant correlation between the adjacent first husband with the length of labor when, where results obtained by chi square test p value of 0.014 is smaller than the alpha value of 0.05.

Conclusion: There is significant correlation between the adjacent first husband with the length of time labor in Health Centres Mergangsan 2011.

Key words: husband assistance and length of kala I on Labor

Description :

- (1) Midwifery Diploma students STIKES A. Yani Yogyakarta
- (2) Lecturer STIKES A. Yani Yogyakarta
- (3) Lecturer STIKES A. Yani Yogyakarta