

## INTISARI

### Gambaran Faktor-faktor yang Berperan dalam Pemilihan Alat Kontrasepsi IUD di Puskesmas Tegaltrejo Yogyakarta Tahun 2012

Firsty Rahajeng<sup>1</sup>, Dyah N. S. Arum, S.Si.T.,M.Keb.<sup>2</sup>, Ika Fitria A.,  
S.Si.T.,M.Kes<sup>3</sup>

**Latar Belakang :** Keikutsertaan masyarakat akan KB IUD di Indonesia secara umum belum merata. Salah satu strategi dari pelaksanaan program KB efektif seperti IUD adalah dengan meningkatkan penggunaannya, sehingga perlu diketahui faktor-faktor yang berperan dalam pemilihan alat kontrasepsi IUD.

**Tujuan Penelitian :** Mengetahui gambaran faktor-faktor yang berperan dalam pemilihan alat kontrasepsi IUD.

**Metode Penelitian :** Penelitian deskriptif analitik. Rancangan penelitiannya *cross sectional*. Sampelnya yaitu sebanyak 34 orang. Analisis data dilakukan dengan analisis deskriptif.

**Hasil Penelitian :** Faktor pasangan berdasarkan umur suami sebanyak 24 (71) pada kategori usia 21 – 35 tahun, sikap suami sebanyak 19 (56%) mendukung. Faktor kesehatan berdasarkan kondisi fisik sebanyak 29 (85%) sehat. Faktor metode kontrasepsi berdasarkan efektifitas sebanyak 28 (82%) memilih alat kontrasepsi IUD karena efektif.

**Kesimpulan :** Gambaran faktor-faktor yang berperan dalam pemilihan alat kontrasepsi IUD yaitu pada faktor kesehatan.

**Kata Kunci :** Faktor-faktor, pasangan, kesehatan, metode kontrasepsi dan IUD

---

<sup>1</sup> Mahasiswa Stikes A. Yani Yogyakarta

<sup>2</sup> Dosen Pembimbing I Stikes A. Yani Yogyakarta

<sup>3</sup> Dosen Pembimbing II Stikes A. Yani Yogyakarta

## ABSTRACT

### Overview of factors that play a role in the selection of Contraceptive IUD in Tegalrejo Yogyakarta health centers Year 2012

Firsty Rahajeng<sup>1</sup>, Dyah NS Arum, S.Si.T.,M.Keb.<sup>2</sup>, Ika Fitria A., S.Si.T.,M.Kes.<sup>3</sup>

**Background:** The participation rate for KB IUD in Indonesia are generally not evenly distributed. One strategy of the implementation of the family planning program is to increase the use of long-term contraceptive methods such as the IUD, so keep in mind the factors that play a role in the selection of contraceptive IUD.

**Objective:** To know the description of the factors that play a role in the selection of contraceptive IUD.

**Methods:** descriptive analytic study. The design of *a cross sectional* study. Sample as many as 34 people. Data analysis was done by descriptive analysis.

**Results:** Factor husband as partner by age 24 (71) in the age category 21-35 years, the attitude of husbands as much as 19 (56%) support. Health factors based on physical condition as much as 29 (85%) healthy. Factors effective contraceptive methods by as much as 28 (82%) chose the IUD because of effective contraception.

**Conclusion:** Overview of the factors that play a role in the selection of contraceptive IUD is the health factor.

**Keywords:** Factors, spouse, health, contraceptive methods and IUD

---

<sup>1</sup> Student of Stikes A. Yani Yogyakarta

<sup>2</sup> Lecturer I of Stikes A. Yani Yogyakarta

<sup>3</sup> Lecturer II of Stikes A. Yani Yogyakarta