

HUBUNGAN PENGETAHUAN DENGAN SIKAP IBU DALAM PEMBERIAN MAKANAN PENDAMPING ASI PADA ANAK USIA 6-24 BULAN DI BPS ENY SETIAWATI DESA JATIREJO LENDAH KULON PROGO

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INTISARI

LatarBelakang : Pencapaian tumbuh kembang optimal, di dalam *Global Strategy For Infant And Young Child Feeding*, WHO merekomendasikan yaitu air susu ibu segera dalam waktu 30 menit setelah bayil ahir, pemberian ASI eksklusif sejak lahir sampai bayi umur 6 bulan, dan memberikan MP-ASI sejak umur 6-24 bulan atau lebih. Studi pendahuluan di BPS Eny Setiawati 3 ibu berpendapat bahwa sebaiknya makanan tambahan diberikan sebelum usia sebelum 6 bulan karena menurut ibu ASI saja tidak mencukupi kebutuhan anaknya dan 1 ibu mengatakan bahwa sebaiknya makanan tambahan diberikan setelah 6 bulan karena ASI eksklusif mampu mencukupi gizi anaknya dan anak tidak mudah sakit.

Tujuan: Mengetahui hubungan pengetahuan dengan sikap ibu dalam pemberian MP- ASI pada anak usia 6-24 bulan di BPS Eny Setiawati Desa Jatirejo, Lendah, KulonProgo.

Metode : Jenis penelitian *deskriptif analitik* dengan pendekatan *cross sectional*. Populasi semua ibu yang mempunyai anak usia 6-24 bulan sebanyak 72 responden. Pengambilan sampel menggunakan teknik *accidental sampling* sebanyak 42 responden. Pengumpulan data dengan membagikan kuesioner tertutup. Teknik analisa data menggunakan *chi-square*.

Hasil : Mayoritas pengetahuan ibu tentang MP-ASI baik yaitu 40 responden (95,2%) dan sikap ibu dalam pemberian MP-ASI positif yaitu 36 responden (85,7%). Hasil pengujian *chi-square* diperoleh hasil *p-value* (0,002) < α (0,05), maka H_0 ditolak dan H_a diterima.

Kesimpulan dan Saran: Ada hubungan pengetahuan dengan sikap ibu dalam pemberian makanan pendamping ASI pada anak usia 6-24 bulan di BPS Eny Setiawati Desa Jatirejo, Lendah, KulonProgo. Bidan diharapkan lebih meningkatkan konseling dan penyuluhan tentang MP-ASI agar meningkatkan kesadaran dan pengetahuan serta sikap ibu dalam pemberian MP-ASI

Kata kunci : Pengetahuan, Sikap Pemberian Makanan Pendamping ASI

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**RELATIONSHIP WITH KNOWLEDGE ATTITUDE MOTHER IN GIVING
FOOD COACH ASI IN CHILDREN AGE 6-24 MONTHS IN VILLAGE BPS
ENY SETIAWATI JATIREJO LENDAH KULON PROGO**

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ABSTRACT

Background : Achievement of optimal growth and development, in the Global Strategy For Infant And Young Child Feeding, WHO recommends that breast milk within 30 minutes immediately after birth, exclusive breastfeeding from birth to 6 months old baby, and provide complementary feeding from age 6 -24 months or more. Preliminary studies in BPS Eny Setiawati mother found 3 additional food should be given before the age of 6 months before because according to maternal breast milk alone does not provide for his son and one mother said that the extra food should be given after 6 months of exclusive breastfeeding for nutritional able to meet his son and daughter are not easily hurt.

Objective : Determine the relationship of knowledge to the mother's attitude in providing complementary feeding in children aged 6-24 months in BPS Eny Setiawati Jatirejo Village, Lendah, Kulon Progo.

Methods of research : Type a descriptive study with cross sectional analytic. Population of all mothers with children aged 6-24 months were 72 respondents. Sampling using accidental sampling as many as 42 respondents. Collection of data by distributing questionnaires covered. Analisis engineering data using chi-square.

Result : The majority of mothers' knowledge of both the MP-ASI 40 respondents (95.2%) and the mother's attitude in giving positive MP-ASI is 36 respondents (85.7%). Results of chi-square test results obtained p-value $(0.002) < \alpha (0.05)$, then H_0 is rejected and H_a accepted.

Conclusions and Recommendations: There is a relationship with the mother's attitude knowledge in complementary feeding in children aged 6-24 months in BPS Eny Setiawati Jatirejo Village, Lendah, Kulon Progo. Midwives are expected to further improve counseling and education about complementary feeding in order to increase awareness, knowledge and attitudes of mothers in providing complementary feeding.

Keywords: Knowledge, Complementary feeding Giving Attitude

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